



ACMA NEWSLETTER

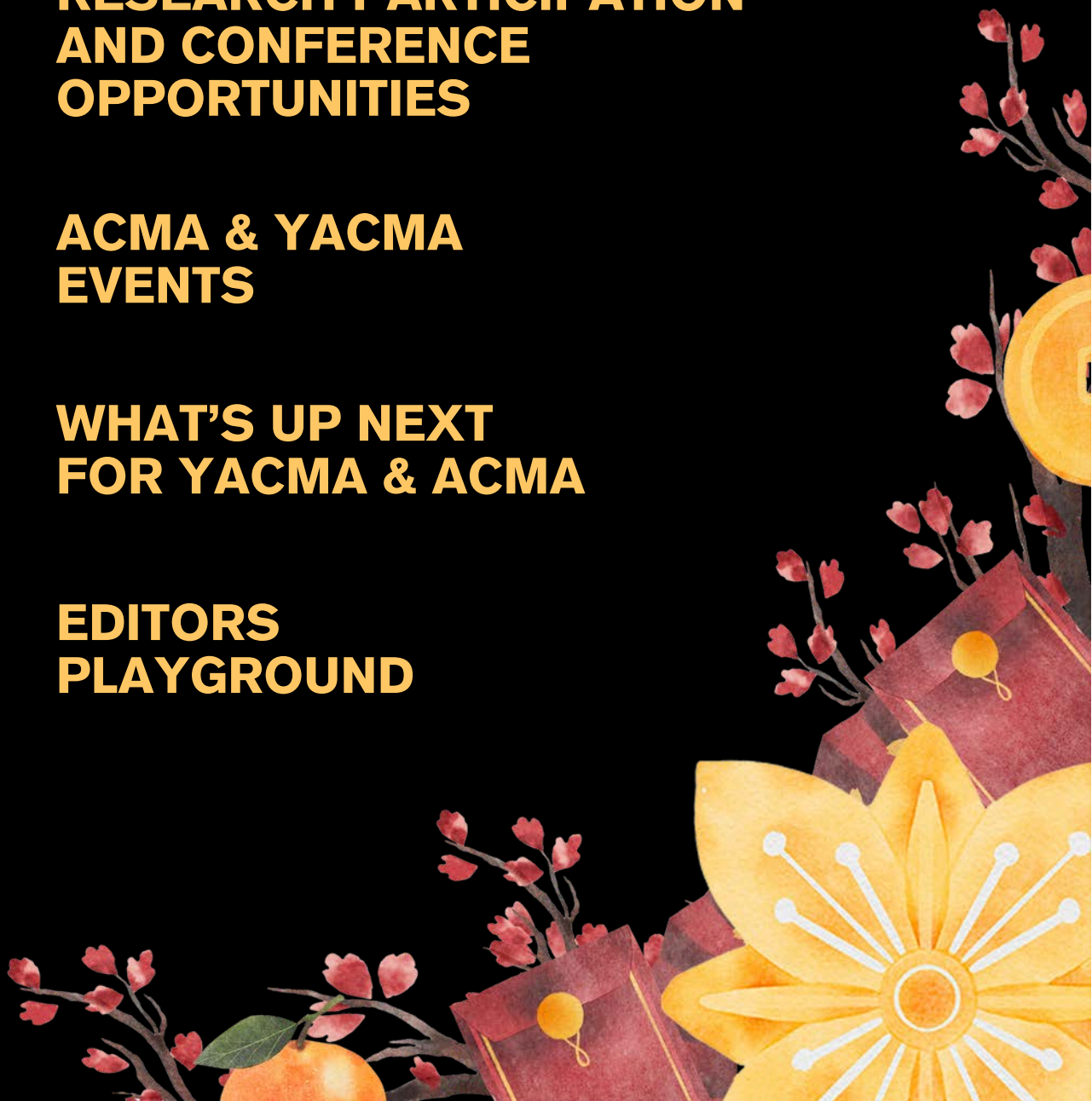


JULY 2025



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ACMA PRESIDENTIAL ADDRESS

Dear ACMA Members,

Special thanks to Dr Christina Tieu and Dr Quoa Young Lee for organising the CME dinner on 29 June 2025. It was a wonderful evening filled with fun, laughter, and great food for both our stomachs and our brains!

AADA Queensland 2025 Conference

Our colleagues in Queensland warmly invite you to attend the AADA Conference.

 19–21 September 2025, Brisbane

 Register via <https://www.trybooking.com/events/landing/1403672>

ACMA Health Stand – Asian Hauora Day

We will have our ACMA health stand (same setup as previous events) at the Asian Hauora Day organised by Asian Family Services:

 Howick Leisure Centre

 Saturday 30 August 2025, 11am–4:30pm

This special day will offer FREE health checks and share health services information with Asian communities in Auckland. Interested volunteers, please contact Dr Carlos Lam at webmaster@acma.org.nz.

Research participation – Asian doctors and nurses

A study is seeking Asian doctors and nurses who interact with Māori patients to explore perspectives and experiences in clinical care. Please see the attachment on page 3.

Research participation – Exploring gender-based violence

Researchers are seeking participants for a study on gender-based violence amongst Asian communities in Aotearoa. Please see the attachment on page 3.

Thank you for your continued support of ACMA and for your contributions to our community.

**Warm regards,
Albert Low
President, ACMA**

YACMA PRESIDENTIAL ADDRESS

Hey guys, Da jia hao,

I hope everyone is settling well into 2025. It's crazy to believe that we are now closer to 2050 than we are the year 2000, that fact is definitely unsettling. What else that certainly isn't settling is our YACMA executive committee as they have been busy, planning and handling the logistics of our events which so far have been very successful.

If 2025 in YACMA could be described in one word, that word would be "record-breaking". In 2025 alone, YACMA has seen over 100 new members. To date, alongside the rest of our existing long-term numbers, our annual Yum Cha event was close to hitting triple digits, and we have decided to add many more sponsors who have been providing us discounts throughout the year for our members exclusively. I simply cannot be prouder of my YACMA executive committee for being so proactive and diligent in their work in providing such quality events, which so far have been received very well by our members.

With all our events so far, we have hit record signups and attendance, and it is thanks to our members for showing their support and interest in our organisation that we can continue to provide these events is discounts to our YACMA family.

To all our members, I am extremely excited to see you all at the winter social, our next flagship event, where we will be enjoying an all-you-can-eat buffet experience. If that doesn't interest you, I don't know what will. Additionally, I do hope to see you all in our many other events and feel free to say hi to our executive committee. We don't bite. No promises xx.

As president for YACMA, my vision this year, is to spark interaction with our parent organisation, and key sponsor ACMA - Auckland Chinese Medical Association. It is with their support that we can continue to provide insanely good deals for our members, and provide for events such as our free yum cha event. With this in mind, I along with our Clinical reps and ACMA executive committee have opened up two new events to our calender - The YACMA x ACMA Quiz Night and YACMA x ACMA Sports day. Both of these events serve as both an excellent networking opportunity for our members and get to know those already in the medical trade and to gain meaningful relationship with fun activities along the way, whilst also for the ACMA members to get to know the future of our medical industry. Everything is more fun with a bit of friendly competition. So I highly encourage everyone to come as these upcoming events will definitely serve as a platform to bring committees closer together.

If you've made it this far into my address, which is certainly a big one, thank you for your commitment and support for YACMA and I do hope to see you very soon at all our future events

Nicholas Ngu
YACMA President 2025

RESEARCH PARTICIPATION AND CONFERENCE OPPORTUNITIES

Are you:

- Currently working as a **general practitioner or a nurse**;
- of **Asian** ethnicity/ethnicities;
- between 18 and 65 years old?



Would you be interested in having a conversation about **the role of Te Tiriti o Waitangi in your professional practice?**

You will participate in a **one-hour interview** about how Asian general practitioners and nurses understand Te Tiriti o Waitangi and apply it to treating and caring for Māori health service users. Participants will receive a \$50 NZD Woolworths voucher.

Please scan this code to express your interest in participating in this research



This research has been approved by the Te Herenga Waka—Victoria University of Wellington Human Ethics Committee [HE000006].



AADA QLD 2025 CONFERENCE

When: Saturday 4/10/25 - Monday 6/10/25 (King's Birthday Long Weekend)

Where: RACV Royal Pines Gold Coast Resort

PRICES

Members (AADA QLD or ACCMA equivalent)	\$600
Partner (member)	\$200
Partner (non member)	\$100
Children (5-14)	\$50
(0-5)	Free
Maximum 2 adults + 2 children per room	

INCLUSIONS

- 2 nights accommodation with breakfast
- Full conference registration
- Golf or massage
- Gala dinner

BOOK NOW VIA TRYBOOKING OR QR CODE

<https://www.trybooking.com/DBWLK>

CONTACT US

contactus@aadaql.com.au



This study has been approved by the UC Human Ethics Committee.
HREC REF: 2024/12

EXPLORING IMPACTS ON GENDER-BASED VIOLENCE AMONGST ASIAN COMMUNITIES IN AOTEAROA

PARTICIPANTS WANTED

Are you an **Asian community leader** who would like to give insight for impacts on gender-based violence towards women in your community in Aotearoa?

THIS STUDY LOOKS TO EXPLORE YOUR PERSPECTIVE ON THE IMPACTS ON GENDER-BASED VIOLENCE IN YOUR COMMUNITY

For more information, please contact Jean Hur at jean.hur@pg.canterbury.ac.nz

Supervisors: Dr Raewyn Tudor, Dr. Letitia Meadows, & Assoc Prof. Polly Yeung

This study has been approved by the UC Human Ethics Committee.
HREC REF: 2024/12

EXPLORING IMPACTS ON GENDER-BASED VIOLENCE AMONGST ASIAN COMMUNITIES IN AOTEAROA

PARTICIPANTS WANTED

Are you a social worker or health professional who has **practiced in field addressing gender-based violence in Aotearoa for a minimum of two years?**

THIS STUDY LOOKS TO EXPLORE INSIGHTS FROM YOUR PRACTICE SUPPORTING ASIAN WOMEN AND/OR COMMUNITIES THROUGH EXPERIENCES OF VIOLENCE

For more information, please contact Jean Hur at jean.hur@pg.canterbury.ac.nz

Supervisors: Dr Raewyn Tudor, Dr. Letitia Meadows, & Assoc Prof. Polly Yeung

The background of the page is a dark, textured surface. It is decorated with traditional Chinese lanterns and floral motifs. There are several lanterns of different shapes and sizes, some with tassels. Above the lanterns, there are stylized floral designs, including a large, multi-petaled flower and a smaller, more delicate one. The overall aesthetic is traditional and festive.

ACMA & YACMA EVENTS

ACMA CME

YUM CHA

BADMINTON NIGHT

ACMA CME

On June 29th, ACMA held their second CME of the year at Grand Park Restaurant. The evening focused on CT lung cancer screening, from what you need to know as a doctor, to living a good life after cancer diagnosis. Engagement was high, and valuable discussions and insights were shared throughout the evening.

A big thank you to Astra Radiology for sponsoring the event and to everyone who attended and contributed to the conversation. To end the successful evening, all enjoyed delicious Chinese food!

ACMA EVENTS



YUM CHA

On May 3, YACMA hosted their biggest event of the year - yum cha! With an afternoon filled with delicious chinese foods, spirits were high and bellies were filled. Everything from cheung fun (rice rolls) and dumplings, to dim sum and egg tarts was available.

A big thank you to Cypress Restaurant for hosting the event, and to those who came to enjoy the yum cha!

YACMA EVENTS



BADMIINTON NIGHT

On June 14th, YACMA members got their badminton rackets out, and enjoyed 2 hours of relentless badminton rallies at HIWA, the new recreation centre at UOA. The energy was high, with everyone of all skill sets having fun on the courts.

YACMA EVENTS



WHAT'S UP NEXT FOR YACMA & ACMA

Winter Social Night

Join us for Pool and Hotpot Buffet Dinner on
July 18th!

YACMA x TeaSoc High Tea

Enjoy an afternoon of delicious teas and treats
in August!

YACMA Paint & Sip Night

Get your artistic side out, while enjoying non-
alcoholic drinks and finger foods in September!

ACMA CME

Join us for another insightful night with the
ACMA team in November!

YACMA RETREAT

Celebrate the end of the year with a YACMA
trip out of Auckland filled with fun!

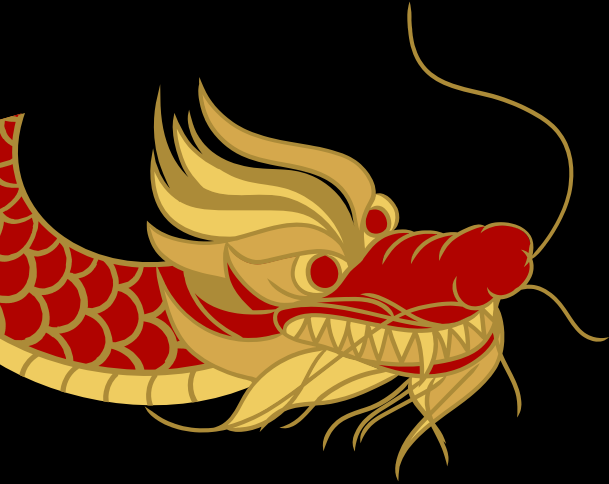


EDITOR'S PLAYGROUND

YACMA CROSSWORD

EDITOR'S ADDRESS

EDITOR'S CROSSWORD

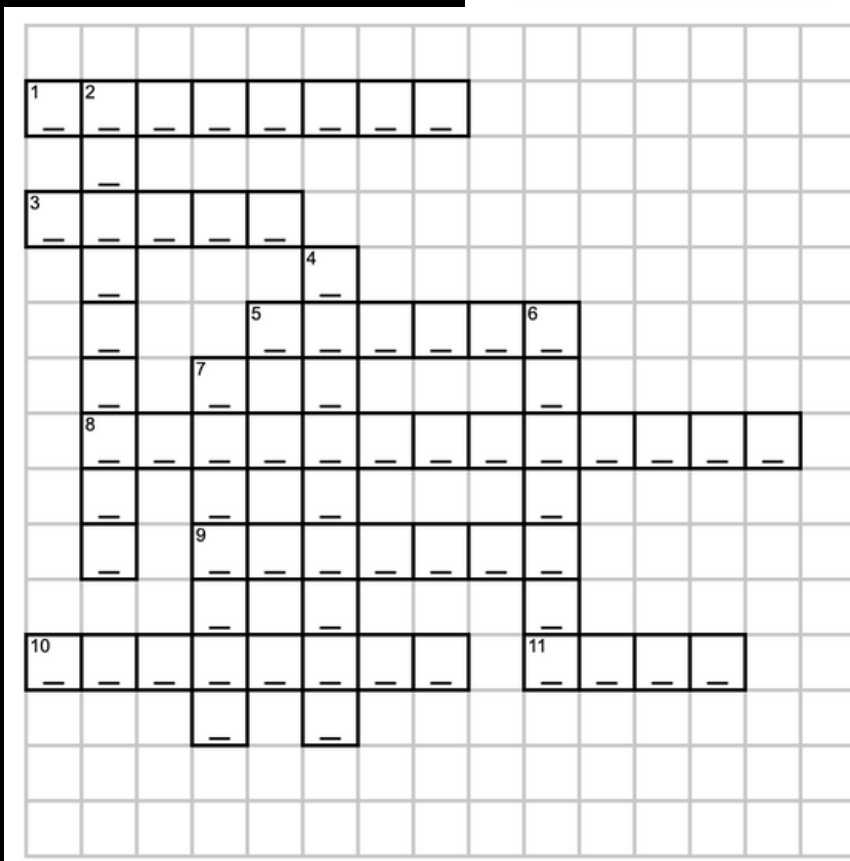


Down

- 2 What is the food commonly eaten during the Mid Autumn Festival?
- 4 What is the popular social media app YACMA uses
- 6 What is the nerve that controls the diaphragm?
- 7 What is the smallest functional unit of the kidney?

Across

- 1 What is the word used to describe a loss of blood supply to tissue?
- 3 What is the Chinese zodiac this year?
- 5 What is the mythical creature in Chinese culture that brings good fortune?
- 8 Where is Vitamin B12 absorbed?
- 9 Who is the YACMA president 2025?
- 10 What is the anticoagulant medication that requires INR monitoring?
- 11 What is the founding club for YACMA?



ANSWERS

- DOWN**
- 2) MOONCAKES
 - 4) INSTAGRAM
 - 6) PHRENIC
 - 7) NEPHRON
- ACROSS**
- 1) ISCHEMIA
 - 3) SNAKE
 - 5) DRAGON
 - 8) TERMINAL ILEUM
 - 9) NICK NGU
 - 10) WARFARIN
 - 11) ACMA

EDITOR'S ADDRESS

Thank you for taking the time to read our July newsletter. We are grateful for the opportunity to share the exciting events and milestones we had so far. It's a privilege to be part of such an amazing and supportive club.

We can't wait for all the events and memories that ACMA and YACMA still has in store!

Many Thanks,

YACMA Editors

Alyana, Veronica, and Josh



ALYANA



VERONICA



JOSH

