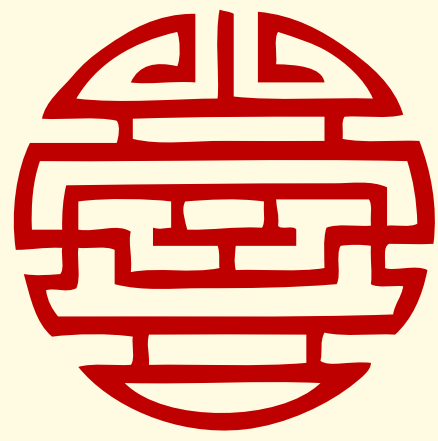
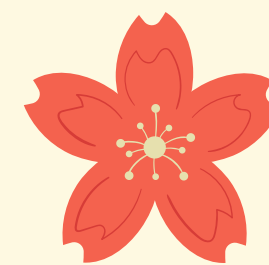
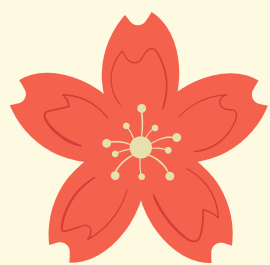


ACMA

NEWSLETTER



MARCH 2024



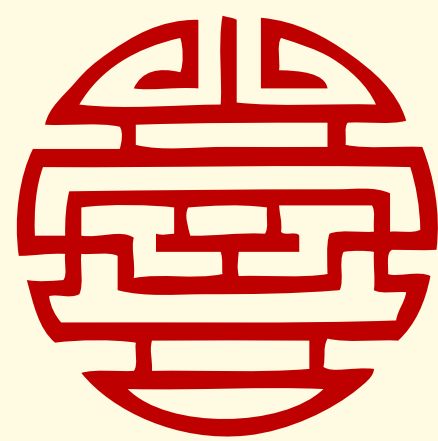


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ACMA PRESIDENTIAL ADDRESS

Dr Jessie Liu

Dear Fellow ACMA/YACMA Members,

I'm thrilled to extend a warm welcome to our very first newsletter of 2024! As your President, it's an honor to share this moment with you and to keep you informed about all the exciting happenings within our community.

Following our last November Annual General Meeting, we have welcomed some new members to our ACMA committee group. It is with great pleasure that I extend a warm welcome to these dedicated individuals. I would love to see more of our fellow ACMA members to join us in the future and I am delighted to have the opportunity to work alongside them in achieving our organization's goals for this year.

Our first event of the year, the Chinese New Year Festival and Market Day Health Check, was a resounding success, thanks to the enthusiastic participation and support from some of our ACMA member doctors and YACMA students. This event not only provided valuable volunteering medical services to the community but also strengthened our connections with the wider community. Additionally, young students benefited from a sense of community and hands-on experience, contributing to their personal and professional growth.

Looking ahead, we have an exciting lineup of events planned, and I am thrilled to invite you all to join us. Our ACMA committee members are working very hard with fortnightly meeting since the beginning of the year to organize our 18th May ACMA conference with our culture evening, which promises to be a landmark event filled with insightful discussions and presentations, networking opportunities, and educational sessions. Save the date, as this conference will undoubtedly be a highlight of our calendar year.

As we move forward, let us continue to harness the spirit of collaboration and dedication that defines ACMA. Together, we can achieve great things and make a positive impact on the medical community and beyond. I look forward to seeing you all at our upcoming events and continuing our journey of growth and excellence.

ACMA President
Dr. Jessie Liu

YACMA PRESIDENTIAL ADDRESS



What's up ACMA and YACMA family!

Hope you had an excellent summer and New year break! I would first like to welcome all our new members. We are so so happy to have you onboard. You have no idea how much we have planned for you this year and guarantee your membership will be worth it!

We've had a busy start to the year, first with supporting ACMA with their very popular Chinese New Year stall at the CNY Market day. It was really cool to see lots of positive interactions with the wider Chinese Community. We then met all the new med students at the annual Freshers event where we had our legendary spicy noodle challenge. The events kept coming after that, with lecture crashing the 2nd and 3rd years. We generously provided free dumplings which were eaten up quickly by the hungry preclins. The Clubs expo has been the best for years! It ran smoothly and successfully, and was great to see many many new faces and signups!

Our Exec team is continuing to work hard to keep the momentum of the year going, with the crowd favorite, Yumcha event right around the corner. This year we are hosting numerous new events sprinkled in throughout the year to make sure you don't forget about us! We have a new Dumpling night lined up so make sure to follow our instagram and facebook to not miss out! Our mentorship programme is underway, which we hope will help our members thrive and build connections between the year groups. It's not too late to let Grace know you're keen!

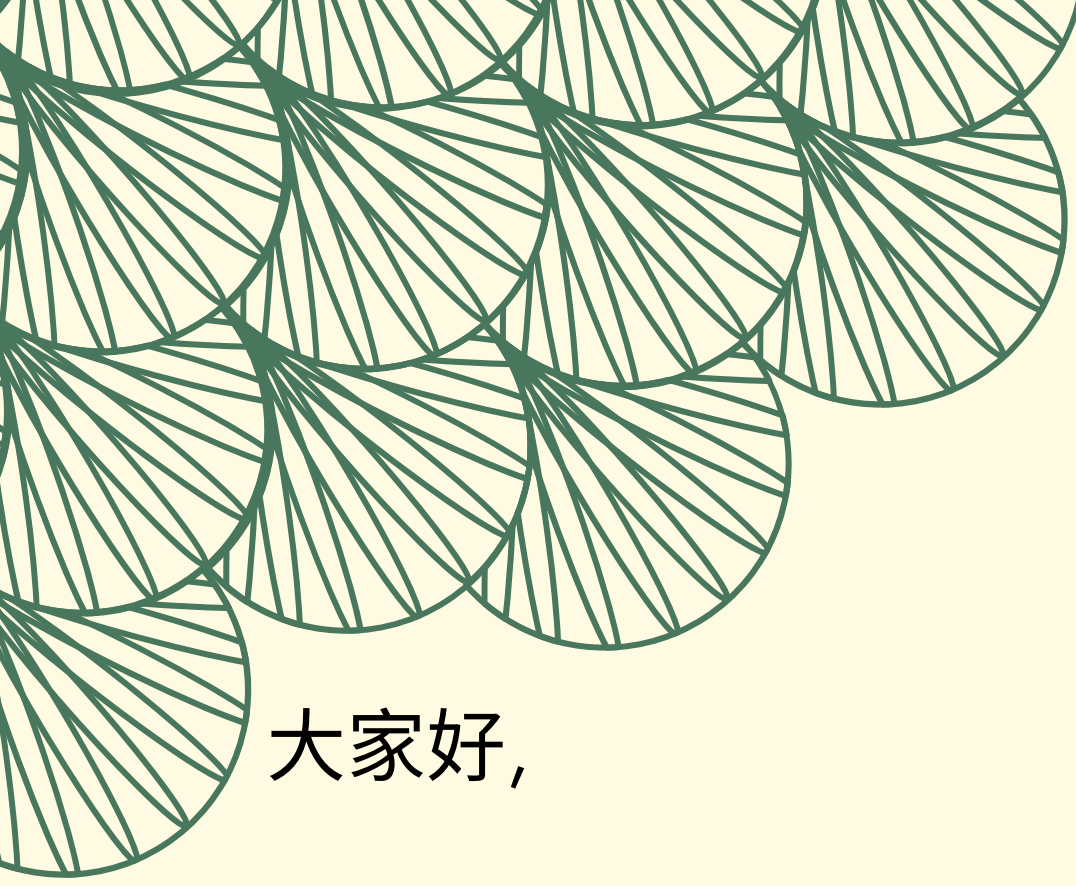
YACMA is continuing to work closely with ACMA, with preparation for the ACMA conference well underway. A big thank you to ACMA for their continued and generous support.

I would like to thank my lovely preclinical reps Crystal, Nick and Kathryn for being the face of YACMA thus far (whilst I'm living it up on GP placement in the Coromandel). Our editors Cynthia, Bobby, Lucy and Isaac have done an amazing job coming in clutch even when given only hours notice to a request. Big shout out to Cameron and Daniel to making sure the money and members are organised behind the scenes! It wouldn't genuinely be possible to have such a successful first few weeks without your hard work and dedication.

With the days of Covid well and truly behind us, we are continuing to build YACMA and create a strong community that supports each other throughout our med school days! There is a lot to look forward to and we hope to see you there :).

Your President,
Jason





PRE-CLINICAL REPRESENTATIVES ADDRESS

大家好,

We are Crystal, Kathryn and Nick, your pre-clinical representatives for YACMA 2024. We are the bridge between our pre-clinical student body and our wonderful organisation – simply put, striving to bring everyone together and have a great time sharing our love for Chinese culture and medicine.

Let us say this aloud: we welcome medical students from all backgrounds. (Quite a few of our execs are non-Chinese, just so you know.) This year, we are delighted to witness a growing interest in our group outside of the Chinese ethnic community, a sign that we are deviating from the misconception of being a “by Chinese, for Chinese” organisation – a significant barrier to joining our club in the past. Together, we are a diverse tapestry of backgrounds, experiences, and aspirations, but united by our passion for medicine and our commitment to making a difference in the lives of others.

As YACMA representatives, we are aspiring to deliver a wider community impact, with the University of Auckland Grafton campus being the epicentre of these changes. By establishing ties with local businesses, big and small, we aim to build community awareness of YACMA, secure sponsorship deals for our members, and open up more diverse catering options for our future YACMA events.

Being medical students is certainly a weird and wild ride, where we learn an insane amount of everything to become bright future doctors. But even with all the crazy coursework and countless hours spent studying, let’s remember to embrace the fun and camaraderie of being part of such a vibrant community.

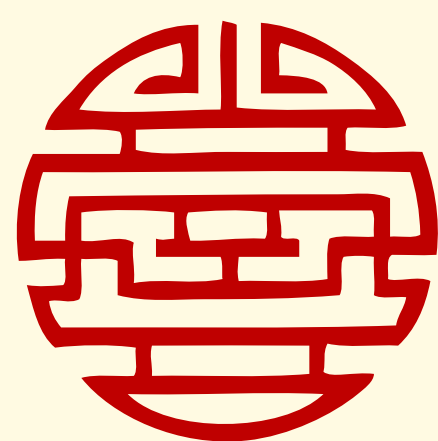
With the year ahead brimming with possibilities, we eagerly look forward to hosting our inaugural event: Yum Cha. This cherished tradition not only unites families but also serves as a catalyst for fostering connections within our YACMA community.

In closing, we extend our heartfelt gratitude for the opportunity to serve as your preclinical representatives for YACMA 2024. Here’s to a year of meaningful connections, experiences and growth!

Best wishes & 开学快乐

Your YACMA pre-clinical representatives 2024:
Crystal, Kathryn and Nick





2024 EXECUTIVE TEAM



Dr. Jessie Liu
President



Jessie Liu
Secretary



Cameron Senior
Membership
Secretary



Danny Seto
Treasurer



Dr Brian Tse
RMO Rep / Social Rep



Dr Kwan Leng
(Albert) Low
Membership Officer



Dr Brian Yeom
Webmaster



Dr Carlos Lam Yang
Community



Dr Christina Tieu
General Committee



Dr. Gary Wu
General Committee



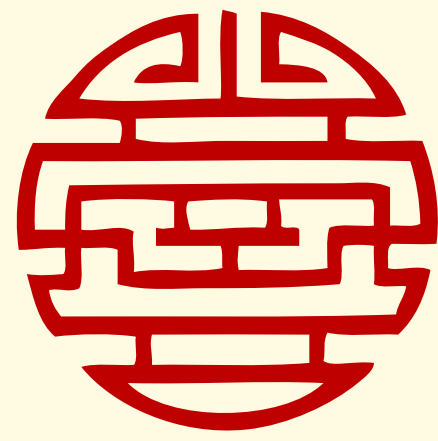
Dr Cliff Ah-Kit
General Committee



Dr. Linda Lum
General Committee



Tianwei Liu
CHAINZ Webmaster



2023 YACMA AGM

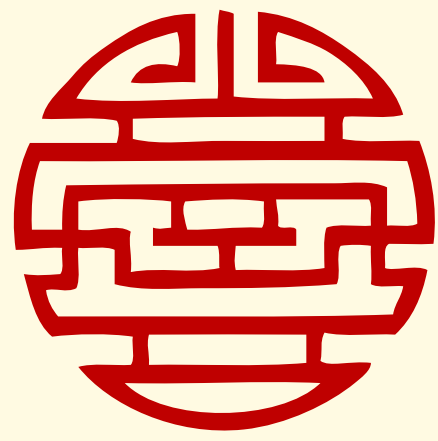
YACMA members came together for our Annual General Meeting (AGM) on November 4th, 2023 to celebrate the achievements and events of the past year and elect the new executive team. Afterwards, we wrapped by enjoying a delicious dinner at Barilla Dumpling – a fitting end to a productive evening!



2024 YACMA EXECUTIVE
TEAM

A big welcome to our new YACMA executive team, and we look forward to seeing what exciting events they have up their sleeves for the coming year.





CNY HEALTH STALL

On February 3rd, ACMA kicked off it's first event of 2024 with a health stall at the ACCC Chinese New Year Market, providing free essential health checks for the local community.

These checkups included: BMI and BP measurements, Blood glucose readings and general health advice.

This initiative reflects ACMA's dedication to giving back to the community and promoting overall well-being. Without our team of dedicated volunteers, this would not have been possible - ACMA extends our heartfelt appreciation for our volunteers.



VOLUNTEERS

ACMA: Dr Jessie Liu, Dr Belinda Luey, Dr Ming Han Lim, Dr Gary Wu, Dr Carlos Lam

YACMA: Crystal Li, Kathryn Zhou, Bobby Tao, Jason Liu, Michel Luo, Grace Zhu



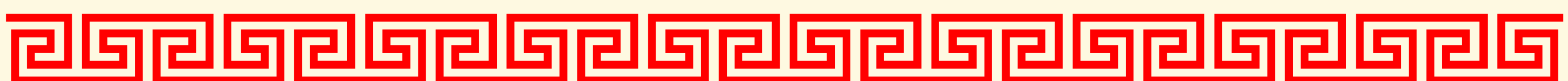


CME #1

ACMA held its first CME of the year on the 24th of February, 2024. The CME consists of two parts: First, an in-depth discussion on the use of GLP-1 Receptor Agonists in the management of Type II diabetes by Doctor Jasmin Tan, followed by a video report by Dr Serena Peng describing her elective experience at Cambridge University after receiving a scholarship from ACMA.

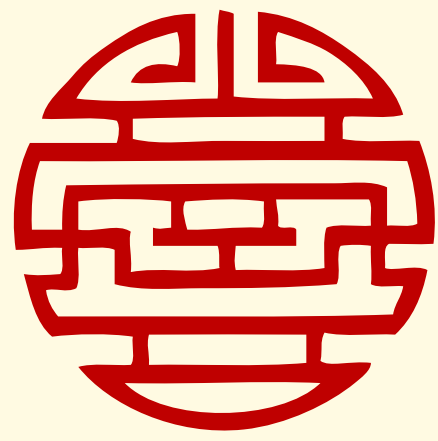


FIRST CME OF 2024



DINNER AT THE TREASURE KITCHEN

The CME concluded with a dinner, where all attendees enjoyed a delicious Chinese dinner at the Treasure Kitchen Restaurant. A big thank you to Novo Nordisk for kindly sponsoring this event to help promote continued medical education.



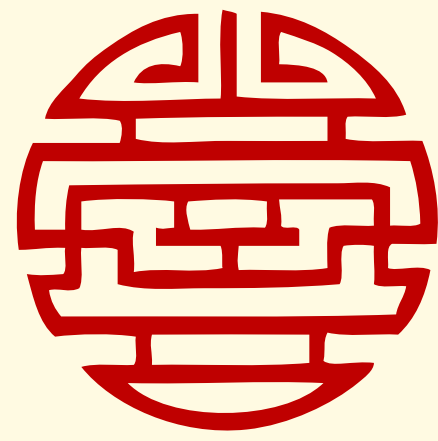
CLUBS EXPO STALL

Our stall boasted the greatest selection of snacks (and prizes!), attracting many new members. The Pre-clinical representatives absolutely stole the show, ensuring everyone left with a full stomach and a shiny new YACMA membership! Not only did they run the stall on the day, but also worked hard on securing sponsors to supply our prizes and incentivise new members to join YACMA.



GRAFTON CLUBS EXPO





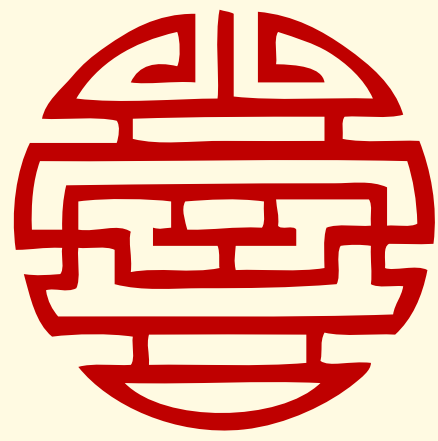
O-WEEK ACTIVITIES

New semester, new faces, new YACMA adventures! We kicked off the year with exciting events to welcome both new and returning students.

1. Second-Year Lecture Crash & Dumplings: Seasoned YACMA members offered a helping hand to freshers by hosting a crash course on navigating second-year lectures. To fuel those study sessions, delicious free dumplings were served!
2. Spicy Noodle Challenge: New medical students got to test their spice tolerance at the Spicy Noodle Challenge. The winner not only earned bragging rights but also scored a free YACMA membership!

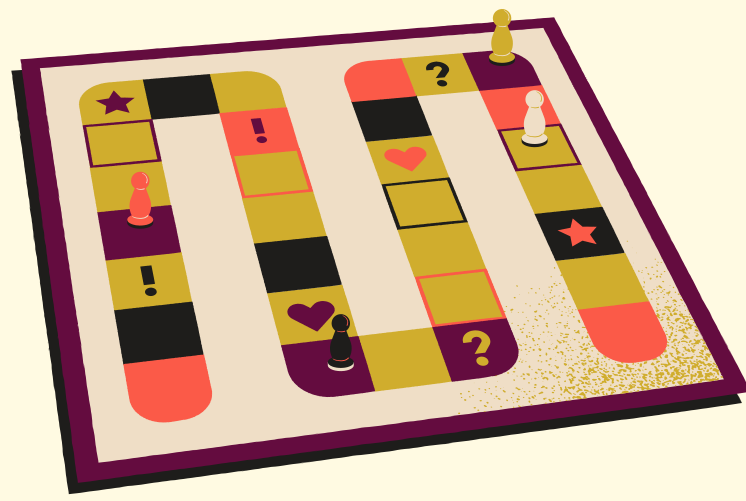
It was a fantastic way to connect with fellow students, get a taste of YACMA, and start the year off on the right foot (or should we say chopstick? 😊).



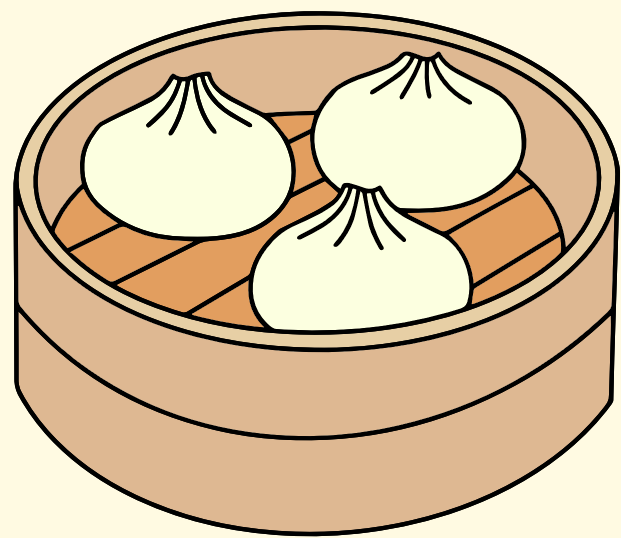


UPCOMING EVENTS

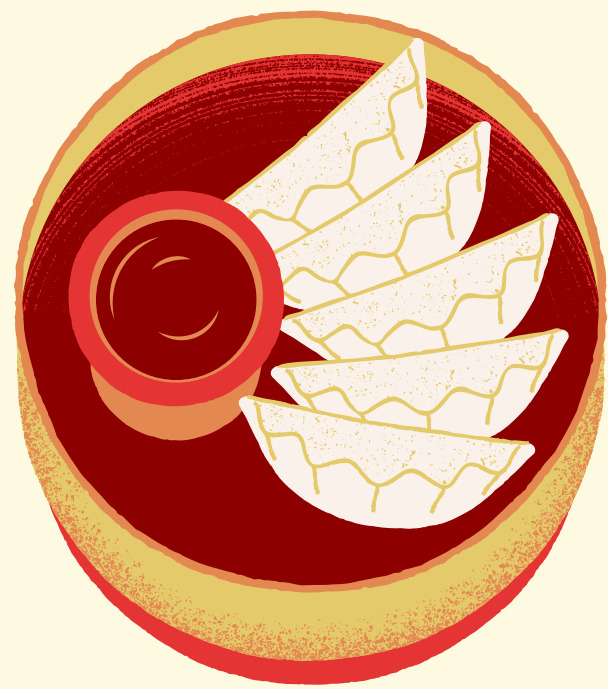
Keep an eye out on our facebook page for information!



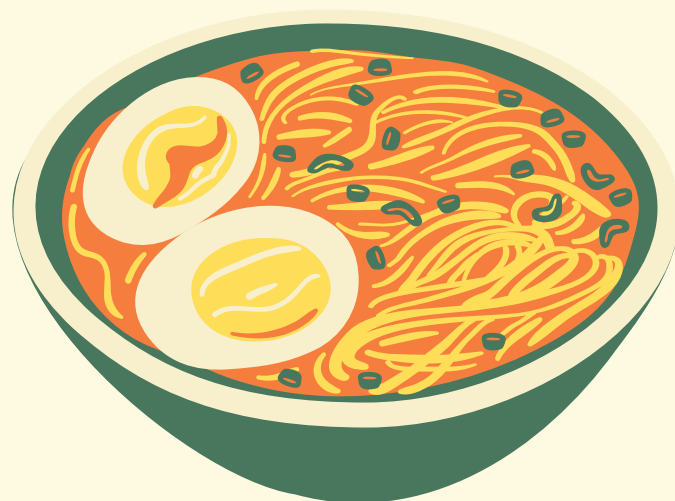
Board
Games
night



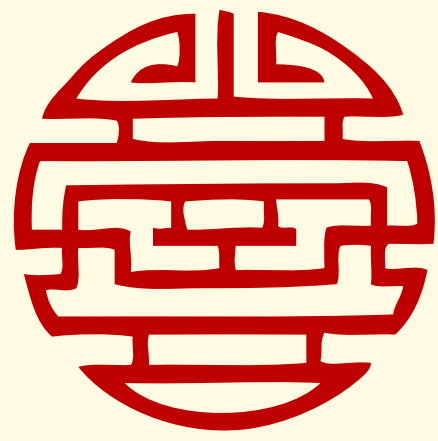
Yum Cha



Dumpling
Making Night



Winter
Social

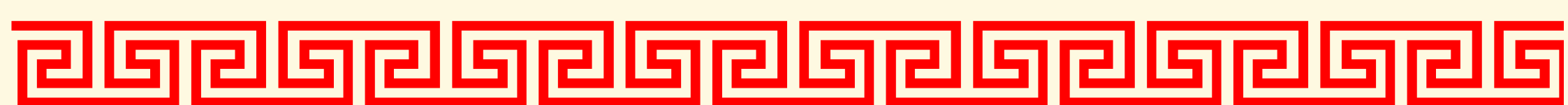


ACMA CONFERENCE

ACMA is excited to present its conference: The Future of Asian Health: Technology and AI, scheduled for Saturday, May 18th, at Novotel Auckland Ellerslie. The event will feature insightful discussions on the intersection of technology and healthcare in Asian communities led by our panel of speakers, followed by a dinner with cultural performances, meticulously organised by our ACMA committee.

Mark your calendars for this exceptional opportunity to delve into the future of Asian health and witness the fusion of tradition and innovation.

To register, please scan the QR Code:



2024 ACMA Conference

THE FUTURE OF ASIAN HEALTH: Technology and AI



Auckland
Chinese
Medical
Association



Saturday, 18th May



8 AM - 5 PM

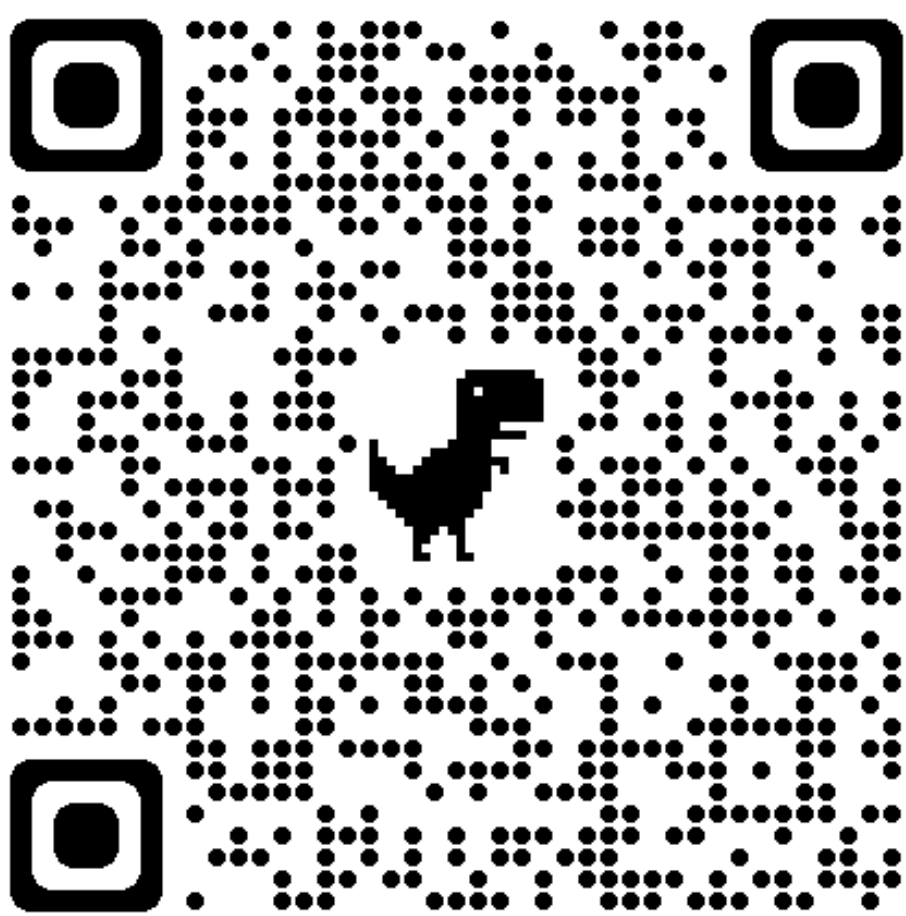
6 PM Conference Dinner,
Cultural Performances



Conference: Novotel,
Auckland Ellerslie
72-112 Greenlane East,
Auckland 1051



Dinner: Cypress Restaurant,
296 Dominion Rd, Mt Eden

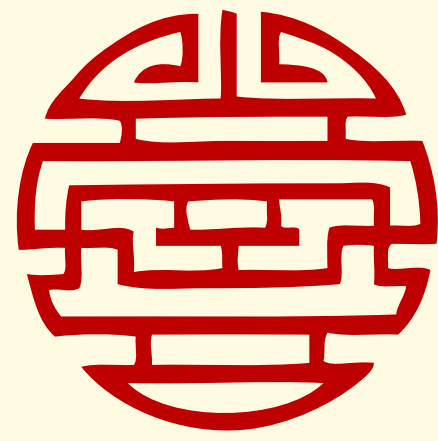


Scan to register online

**ALLIED HEALTH PROFESSIONALS
ARE WELCOME**

For more information:

<https://www.acma.org.nz/conference2024>



ACMA ELECTIVE SCHOLARSHIP RECIPIENT

The recipient of the 2024 ACMA Elective scholarship is Jenny Luo, a trainee intern with a passion for plastic surgery. This scholarship will facilitate her participation in a prestigious three-month elective in plastic surgery at Princess Alexandra Hospital in Brisbane. Notably, Jenny also completed a selective at the National Burns Centre in Middlemore during her 5th year and also served as the president of Auckland University Medical Students Association (AUMSA) in 2023.

She is also heavily involved in Plastic Surgery Research, having presented last year at a RACS conference where she met her current supervisor, Dr Michael Wagel, a Plastic and Reconstructive Surgeon at the Princess Alexandra Hospital and Senior Lecturer at the University of Queensland.

We extend our heartfelt congratulations to Jenny and wish her the very best in her pursuits in the field of plastic surgery.



JENNY LUO
2024 SCHOLARSHIP RECIPIENT

COMMUNITY NEWS AND OPPORTUNITIES

Exciting Opportunity in North Shore, Auckland for a GP Assistant!

We're on the lookout for a GP Assistant (with/without view) to join our team and take over from a retiring doctor. This 7-8/10ths position offers a perfect work-life balance with no after-hours and no weekends. Our Practice is Foundation accredited, and we are actively working towards achieving Cornerstone Accreditation.

For enquiries, feel free to reach out at northshoregppractice@gmail.com

Position available at Central Auckland Clinic

We are an established multi-GP clinic in central Auckland. Part-time hours are negotiable. No weekends or after hours. Want to be a long-term Locum or become a Partner? Option to try before you buy if you wish to, obligation-free. Lucrative practice. Cantonese/Mandarin language skills would be an advantage - servicing ~30% Chinese patients.

For enquiries, please email auckland.gp.partnership@outlook.com for more information, and we can explore options together.

Exciting Opportunity in North Shore, Auckland for a GP Assistant!

We're on the lookout for a GP Assistant (with/without view) to join our team and take over from a retiring doctor. This 7-8/10ths position offers a perfect work-life balance with no after-hours and no weekends. Our Practice is Foundation accredited, and we are actively working towards achieving Cornerstone Accreditation.

For enquiries, feel free to reach out at northshoregppractice@gmail.com

COMMUNITY NEWS AND OPPORTUNITIES

Recruiting mental health clinicians and GP/primary care nurses for a study

The study "Exploring the experiences of people from the Indian Sub-Continent, who have developed Type II Diabetes while prescribed atypical antipsychotic medications" is recruiting mental health clinicians, GPs and primary care nurses as participants.

For more information please contact: Kitty Ko (CMDHB) SzeWing.Ko@middlemore.co.nz

Join Our Team: Mandarin-Speaking Doctor Wanted!

Are you a skilled Mandarin-speaking doctor passionate about community health? Asian Community Health is seeking a dedicated individual to join our Asian Community Health initiation project. As a Mandarin-speaking doctor, you will collaborate closely with our community nurses team to provide vital healthcare services to Chinese-speaking clients throughout the wider Auckland area. Your role will involve delivering a range of community services, addressing the unique healthcare needs of our diverse population. If you are committed to making a difference in the lives of our Chinese community and thrive in a collaborative, culturally sensitive environment, we want to hear from you!

To apply, please send your expression of interest to: chinesecommunitynurse@gmail.com

Healthify Role for Retired Health Professionals

Healthify (Health Navigator) is looking for retired health professionals (GPs or nurses) to review health apps for them - paid role.

Would any of the Auckland Chinese Medical Association members be interested to help out?

Please contact Sandra Ponen <sandra@healthify.nz> for more info

COMMUNITY NEWS AND OPPORTUNITIES

GP recruitment Auckland CBD or Albany Clinic

Are you tired of drowning in paperwork instead of focusing on patient care? Our Auckland CBD Clinic or Albany Clinic have the solution for you! We're currently seeking dedicated GPs who want to have:

- 🕒 **Flexible Hours:** Enjoy the freedom to set your own schedule with flexible hours tailored to your needs. Work when it suits you best Monday to Friday, without sacrificing work-life balance.
- 👩 **Administrative Support:** Say goodbye to paperwork headaches! You might want our doctors and nurses to handle your administrative tasks, allowing you to concentrate solely on patient care.
- 🏙️ **Prime Locations:** Whether you prefer the vibrant energy of the city or the serene ambiance of Albany, our clinics offer convenient locations to serve diverse communities.
- 🌟 **Competitive Benefits:** We offer competitive compensation packages, including attractive salary options and any working hours of your choice. No weekends or after hours is required.

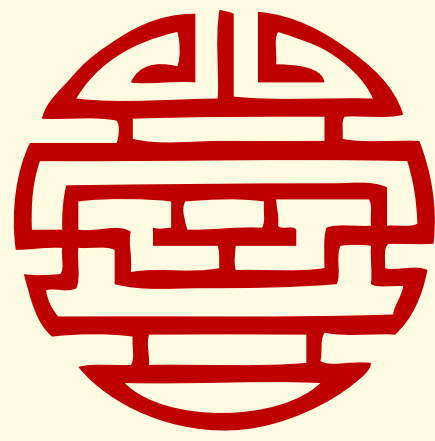
Please express your interest or send your CV to: medicalrecruit111@gmail.com

Dementia Research: Chinese GPs

Dr Alfred Kwan, geriatric registrar, he is working on a mixed-method research investigating Chinese GPs' knowledge about dementia services, as part of the "Caring for People with Dementia" (CPT) project (護腦同行). This research is supervised by Dr Gary Cheung, chair of CPT. The findings of this study will inform the CPT project team how best to engage Chinese GPs and raise their awareness of dementia

The research entails a survey for Chinese GPs, and then an one hour interview of 10 volunteers amongst them. If you would like to help please contact: alfkwan@gmail.com





EDITOR'S ADDRESS

新年快乐!

We are delighted to present the first newsletter of 2024 and hope you've had a brilliant start to the Year of the Dragon. While the New Year festivities may have come to a close, the same cannot be said for ACMA. We've kicked off the year with a bang, enjoying a vibrant array of events, including the CNY health stall, CME, and Clubs Expo.

Don't be discouraged if you miss any of these events! We have an exciting lineup planned for the coming months. Be sure to follow our social media platforms ([link Facebook](#)) and website ([link website](#)) for the latest updates and information about upcoming events.

We look forward to meeting you at the events.

Sincerely,
The Editors

P.s. If you have photos to submit photos for the next issue, please email them to editors@acma.org.nz.

