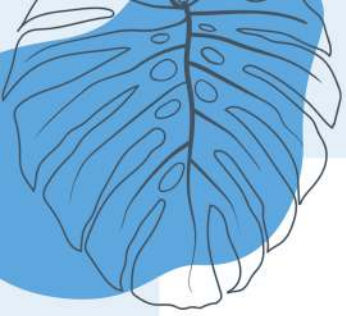




# ACMA

SEPTEMBER NEWSLETTER

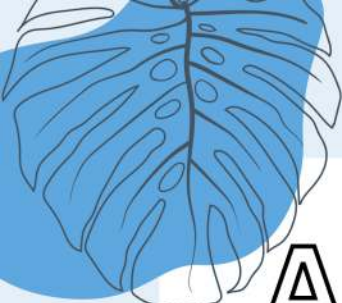




# CONTENTS

|                               |    |
|-------------------------------|----|
| ACMA PRESIDENTIAL ADDRESS     | 1  |
| YACMA PRESIDENTIAL ADDRESS    | 2  |
| YACMA PRECLINICAL REP ADDRESS | 3  |
| CME 3                         | 4  |
| CME 4                         | 5  |
| CME 5                         | 6  |
| YACMA Events                  | 7  |
| Upcoming Events               | 9  |
| Asians in the Media           | 10 |





# ACMA PRESIDENT

Dear ACMA and YCMA members,

We are delighted to welcome the arrival of favorable weather as spring blooms in New Zealand, putting an end to the many challenges posed by the recent winter months.

This year we have organized more CMEs to satisfy our member learning requirements, I am glad to see more members turn up to our CME meetings, and more doctors have volunteered in the community health promotion talks, and participate in different Health Reform Asian focused forum groups. It's great to see all of you at these events.

We are also thrilled to mark a significant milestone in our journey as we celebrated the 35th anniversary of the Auckland Chinese Medical Doctor Association at the Park Hyatt Hotel last month. This incredible journey of ACMA has been made possible by your unwavering support, dedication, and commitment to our organization.

Our 35th anniversary is not just a testament to the passage of time but a reflection of our collective achievements and contributions to the medical field and ACMA as an organization. Over the years, ACMA has grown into a thriving community of medical and allied health professionals, working tirelessly to promote the health and well-being of our diverse community.

We also would like to extend our heartfelt gratitude to the "ACMA GOT TALENT" members for their outstanding performances at the anniversary dinner. The ACMA talent show was a remarkable display of the extraordinary talents of our members, adding a unique and memorable touch to our anniversary event.

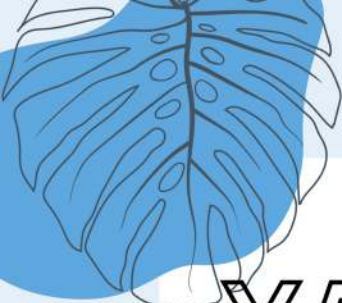
In September, with our thousand years of Chinese tradition, we are also celebrating the Mid-Autumn Festival 中秋节, also known as the Mooncake Festival. It's a festival that reminds us that after a busy harvest season, it is time to relax and enjoy the fruits of our labour. It's also time for indulging in delicious food and savoring mooncakes under the radiant full moon, cherishing togetherness with our beloved family and friends, and extending heartfelt wishes for future prosperity and luck. This cherished occasion provides us a moment to reflect on the abundance of nature and the blessings of life as we come together to share delectable mooncakes and reunite with loved ones.

As we gracefully step into spring and this festive season, let us carry the spirit of resilience and optimism with us. May this springtime be a time of positivity, growth, and well-being for all. We look forward to continuing our journey together, celebrating traditions, and making a positive impact on healthcare within our community.

Warm regards,

Dr Jessie Liu  
ACMA President 2023





# YACMA PRESIDENT

Hello ACMA, and YACMA

As of now, we are well into Winter, with Spring only around the corner. Time really flies by! In the time being, we have held an educational and a social event.

Our educational event was a way for older YACMA members, as well as our colleagues to give back to the medical community, helping the second years practice for their upcoming communication assessment. We saw many faces, some familiar from the yumcha earlier this year, and some new.

Our Winter Social this year was merged with our Chinese Law Collab. Both clubs are a tight knit community, so it was great being able to add a few more people to our circle, and although they didn't know much about medicine, and we don't know much about legislation, one thing we both know is how to enjoy good food!

We have just a few more events in store for you, keep an eye out!

Yours Sincerely,  
Michel Luo YACMA President 2023

# PRECLINICAL EXECS

Hey everyone,

We are Lee, Cara, and Ally and we're your preclinical representatives for 2023. Time truly flies, and before we know it, we're already cruising through the second semester!

We find it fulfilling to hold this role and it brings us immense satisfaction to reflect on the enjoyable events we've already had the pleasure of organising. Among these, our social gatherings have been great! The iconic Yumcha event hit all the right notes, and the game of Gartic Phone is always a classic. Reconnecting with familiar faces and welcoming new club members brought us joy. Collaborating with the Chinese Law Club, the Winter Social Event at Gogo music cafe was an evening to remember – too many delicious dishes and engaging conversations with our law student friends made it unforgettable. A familiar favourite, the Communication Skills Workshop, made a successful return, with Dr. Gao once again imparting invaluable insights and advice to our second-year students. And don't forget, the most anticipated event of all, the YACMA summer retreat, is rapidly taking shape. It promises an amazing escapade, offering much-needed rest from the year's exams and stress.

We hope that we are fulfilling our aim to infuse Chinese cultural elements into events, and our commitment to fostering an inclusive and engaging environment where students of diverse backgrounds can come together and find enjoyment is unwavering.

On behalf of the club, we extend heartfelt gratitude to ACMA for their unwavering support, enabling us to provide social and educational opportunities for our members. This collaboration has cultivated a tightly-knit community, and we are dedicated to nurturing this bond by offering a supportive platform for future ACMA members to flourish.

To our members, we hope that as we overcome the challenges of med school together, we are bringing moments of joy and reward into the journey as well. Our mission as a club is to enhance your experience, providing avenues to create unforgettable memories and forge enduring friendships. We have ongoing enthusiasm to bring more events, and we eagerly anticipate wrapping up this year with an unforgettable finale.

Sincerely,  
Lee, Cara, and Ally





# CME 3

On the 24th of April 2023, we had our 3rd CME of the year. This event was sponsored by the Cardiology Institute. We started with a discussion on complex cardiac cases guided by cardiologists Dr Bernard Wong, Dr Gary Lau, Dr James Fu, and Dr Shawn Foo, where attendees were introduced to the newest evidence and updated guidelines on their optimal management. This was followed by a Q&A session for attendees to delve more into specific issues. The second part was a presentation on Dementia, where Dr Yu Min Lin talked about the key management issues, challenges, and support networks present for Chinese populations living with Dementia. The night ended with a hearty meal where students, attendees, and speakers enjoyed great Chinese food from Chow Foo Restaurant!



-CME 3



# CME 4

On Sunday the 28th of May, we had our 4th CME of the year. We are fortunate this month to have Dr Lulu Van Eeden, an ACMA member, along with Dr Gareth Rivalland, present on some fascinating topics around Obstetrics & Gynaecology, and Oncology.

Dr. Lulu Van Eeden is a New Zealand-trained gynaecologist and a top graduate in obstetrics and gynaecology at Otago University in 2010.

She is currently a consultant at Counties Manukau DHB, interested in hysteroscopy, laparoscopies, colposcopy, and gynaecology cancers.

Dr. Rivalland is a medical oncologist and recipient of the Abbott Watson Memorial Scholarship from the University of Auckland. He specialises in cancers of the lung, melanoma, brain and soft tissue tumours. Dr Rivalland works at Harbour Cancers & Wellness and Auckland City Hospital.



-CME 4



# CME 5

We are well into the year. On 30th of July 2023, we have celebrated ACMA's 35th Anniversary at Park Hyatt. We had two topics presented, firstly "Problem skin through the ages" by Dr Chin-Yun Lin, followed by "Appearance Medicine" by Dr Jessie Liu. The night was ended with a spectacular line-up of doctors who provided some entertainment towards the end of the night, from piano, violin, to stand-up comedy. This event was kindly sponsored by L'Oréal, with special thanks to La Roche Posay, and CeraVe.



FILM NEGATIVE



FILM NEGATIVE



FILM NEGATIVE



# YACMA x CLC Winter Social

On 12th August, the YACMA and CLC (Chinese Law Club) families joined together at the (classic!) GoGo Music Cafe on Dominion Rd for our annual Winter Social!

This was a fantastic way for both YACMA students to rekindle whilst meeting fellow law classmates. What better way to enjoy a rainy Auckland winter night than huddled together over scalding hot skewers fresh off the barbecue and giant dishes of everyone's favourite XinJiang Big Plate Chicken Noodles!

We've included some photos below just to show what a great night this was, filled with great food and even better company!

As always, we extend our gratitude to MAS for making this event (along with countless others) possible! We thank them for their continued support to all our students.





# YACMA CSE Workshop

On 22nd August, students across year levels joined together to help out our fellow 2nd year students who were anxiously anticipating their Communication Skills Assessment! This annual event aims for the newbie medical students to gain much needed communication skill experiences from the more experienced senior students.

We had many stations of thought-provoking and engaging clinical cases expertly acted out by our (Grammy-winning) volunteers.

A special thank you to Dr Gao, a general practitioner, ex-SGA tutor, and long-term friend of YACMA for taking the time out of his busy schedule to come share with all of us his skills, tips, and knowledge. We certain every single student found this highly valuable!





# UPCOMING EVENTS

## Careers Evening

*29th September*



## YACMA Summer Retreat

*Date TBC*



# ASIANS IN THE MEDIA

## Lost in the Stars



The newest hot hit in all cinemas! Scoring an impressive 93% on Rotten Tomatoes, this suspense thriller seems to be your typical "couple on holiday" story until things take a turn for the weirdest when the wife disappears and returns as.... someone else?

## No More Bets



Hitting cinemas on the lucky 8/8, this crime thriller features ex-EXO star Lay Zhang in a story intertwined with complex themes of fraud and human trafficking. This film achieved an impressive USD\$88 million in its opening weekend, earning it #1 Box Office worldwide.





# SPONSORS



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MESSAGE FROM

# The Editors

We hope you enjoyed the second newsletter of 2023!  
We continue to be grateful for the opportunity to share all this exciting news and are proud to be part of this wonderful whānau.

Let's keep up the hard work and hope all goes well for the remainder of 2023!

For more photos and more info on future events, follow us @:



**YACMA - YOUNG AUCKLAND CHINESE  
MEDICAL ASSOCIATION**



**YACMA EDITORS**



**YACMA.UOA**

