



ACMA

NEWSLETTER



DEC 2024





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ACMA PRESIDENTIAL ADDRESS

Dr Jessie Liu

Dear ACMA Members,

As the year draws to a close, I want to express my heartfelt gratitude to all of you for your unwavering support and commitment to the ACMA community. Over the past two years, it has been an honor and a privilege to serve as ACMA President. Together, we have achieved remarkable milestones, strengthened our professional network, and continued to uphold the values that make ACMA such a vibrant and impactful organization.

As my term comes to an end, it is with great confidence that I hand over the leadership to Dr Albert Low, who will assume the role of ACMA President in 2025. Dr Low brings a wealth of experience, passion, and vision, and I am excited to see how ACMA will flourish under his guidance.

This holiday season, I wish you and your families a joyous and peaceful Christmas, filled with warmth and cherished memories. May the New Year bring renewed inspiration and opportunities for growth and collaboration.

Thank you for your trust and support during my tenure. I look forward to continuing to contribute as a proud member of ACMA.

Warm regards,
Jessie Liu
President, ACMA

YACMA PRESIDENTIAL ADDRESS



大家好!!!

I have the pleasure of giving you my final YACMA presidential address of the year. As the year draws to a close, it provides us with an opportunity to reflect on the 2024 year and especially the busy, eventful last few months.

The YACMA exec had been working hard to produce some top quality education for our club members such as the Careers evening, communications evening and year 4 OSCE mock. These events have helped our peers with accelerating their learning and providing access to the first hand accounts of accomplished doctors working in their own respective fields.

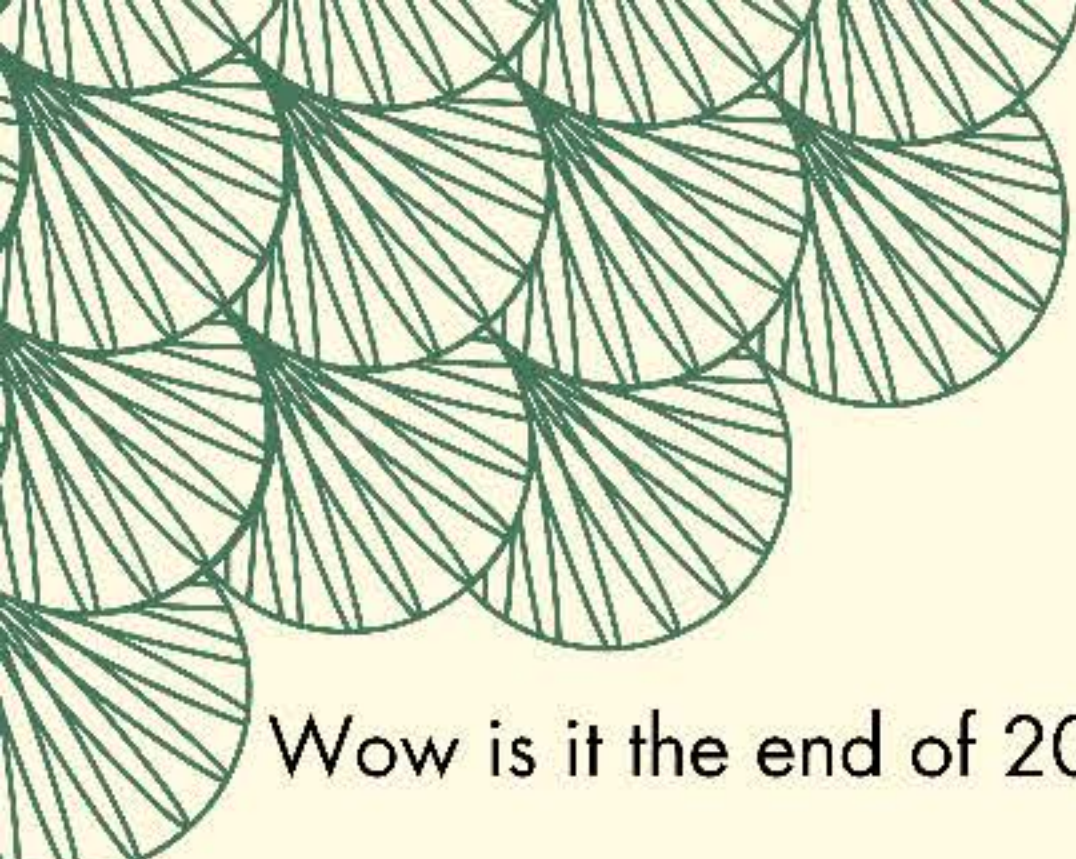
Most recently, we had our highly anticipated Summer Retreat in the beautiful Coromandel. It was the perfect way to celebrate the year and build closer relationships between club members.

Looking towards 2025, I have the honour of handing the reigns of YACMA to Nic Ngu, who has demonstrated this year as a Preclinical Representative that he is capable of leading from the front, and provide the vision and ingenuity that will allow YACMA to continue to thrive for another year!

Thank you to ACMA for their unwavering support. I cannot stress how influential ACMA is in being so accommodating to our needs. I trust that in 2025, we will continue our constructive relationship and help each other out even more!

Your 2024 signing off for the last time
Jason





PRE-CLINICAL REPRESENTATIVES ADDRESS

Wow is it the end of 2024 already!! Semester 1 seemed like only yesterday!

Kia Ora Everyone, if we've missed out the opportunity to properly introduce ourselves, we are Kathryn, Crystal, and Nick, your 2024 YACMA preclinical reps.

As the face and student voice of our preclinical student community, we have been busy planning exciting events for all our student cohorts with particular emphasis on our preclinical cohorts.

We have just finished wrapping up the academic year with our final flagship event: The YACMA retreat, which occurred over 3 days in the Coromandel with our main day activity being Banana Boating over in Whitianga. Needless to say we had an absolute blast in not only planning such an event but also planning our Yum Cha, and winter social events. Being responsible for such events along with adding many more along events along the line, such as tutorials and study sessions, has been deeply rewarding to us and creating these events we hope to only further create engage between YACMA and the student body. We are deeply fortunate to have an amazing record turnout to all our events, and as this year comes to an end, our vision for the future reps is to continue driving their inner passions for creating even greater engagement, and continuing on the the privilege of arguably the most exciting executive role YACMA has to offer.

Whilst you may see some of us in the 2025 Executive team, and some of us purely as members of such an amazing community, this year coming to an end certainly does not end our continued engagement with YACMA as we part ways to take on different roles in the YACMA family.

So for the final time we do wish every well over the festive season, whether that's with friends, and family, and we do hope to interact with you one way or another in 2025.



2024 ACMA AGM

ACMA enjoyed a productive year, with highlights including the resounding success of our annual conference, "The Future of Asian Health: Technology and AI" in May this year, which was a great success with a total of 158 members in attendance. We also held four CMEs to assist our professional development.

The AGM acknowledged the work that the executive team has put in this year and celebrated the success of our events through the ACMA and YACMA presidential reports. The ACMA Scholarship recipient Michel Luo also presented on his elective experience in rarotonga, which the scholarship helped fund.

We extend our sincere gratitude to Fertility Associates for their generous sponsorship and captivating talk during the AGM. Their support and knowledge has been invaluable.

As 2024 draws to a close, we extend our warmest wishes to all ACMA members for a happy holiday season and a prosperous New Year. We eagerly anticipate what the new committee will bring ACMA and our community in 2025!





2024 ACMA AGM





2025 ACMA EXECUTIVE TEAM



Dr. Albert Low
President



Dr. Ming-Han Lim
Vice-President



Jessie Liu
Secretary & CME
Coordinator



Chloe Chow
Membership
Secretary



Dr. Brian Tse
Social RMO



Dr. Danny Seto
Treasurer



Dr. Christina Tieu
CME Coordinator



Dr. Carlos Lam Yang
Community Liaison &
Webmaster



Dr. Joanna Lan
General Committee



Dr. Gary Wu
General Committee



Dr. Quo Young Lee
General Committee



Dr. Linda Lum
General Committee



Dr. Vincent Yiu
Social Rep



Dr. Gee Hing Wong
Constitution Advisor



JULY CME

ACMA's July CME event featured enlightening talks from two distinguished speakers. Dr. Henry Kwok, a radiologist, shared insights on advances in breast imaging, while Dr. Christine Goh, a cardiothoracic and transplant surgeon, presented intriguing cardiothoracic surgery cases. The evening, generously sponsored by Astra Radiology, was held on July 28th at Grand Harbour Restaurant, where attendees enjoyed a delectable dinner after the talks.

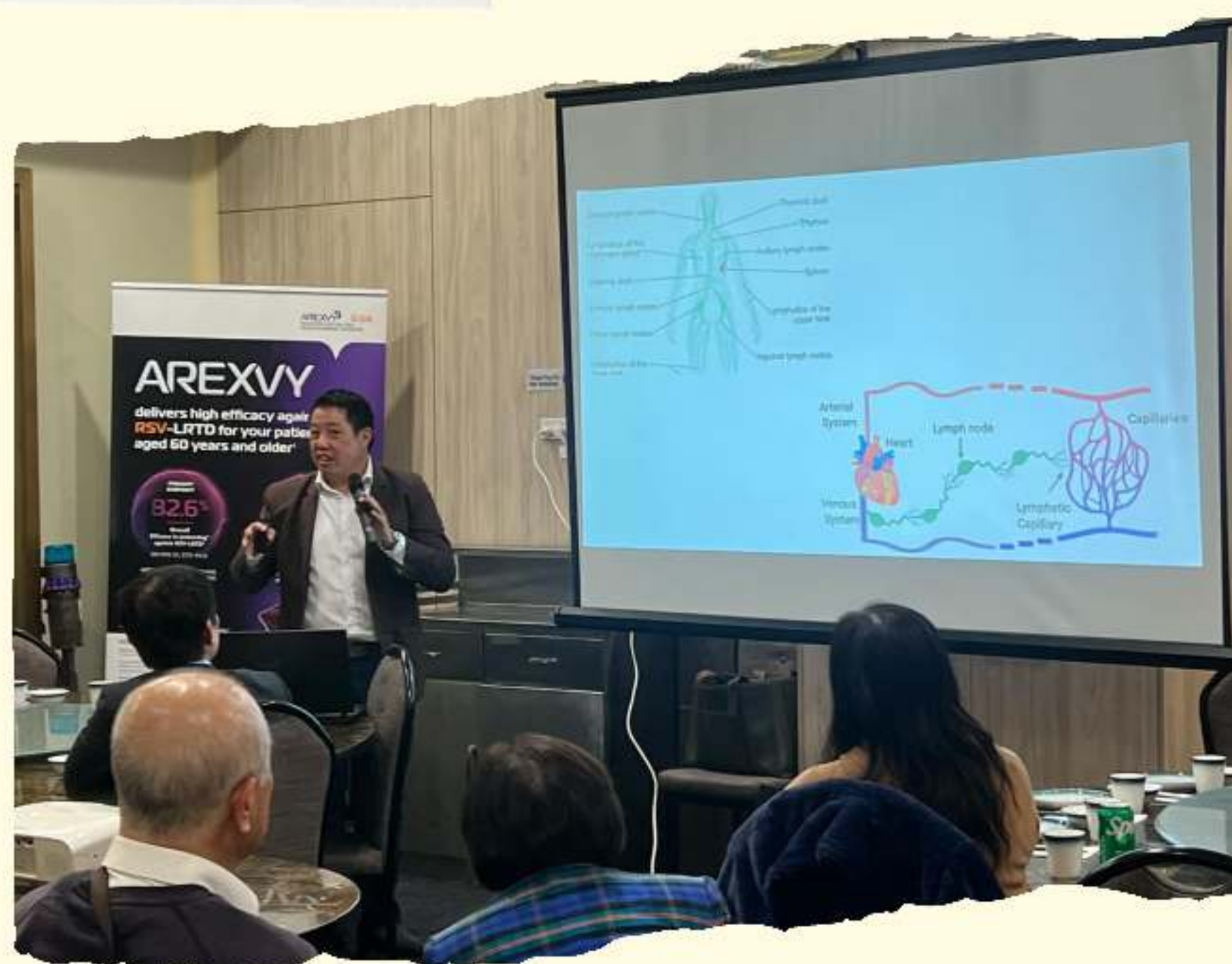




SEPTEMBER CME

On 15th September, ACMA hosted an engaging CME session featuring two expert speakers. Dr. Donny Wong, a respiratory and general physician, delivered an insightful presentation on airway and respiratory diseases, while Dr. Simon Chong provided an update on the current state of lymphedema surgery.

A big thank you to GSK, who generously sponsored the event.





ACMA ELECTIVE SCHOLARSHIP RECIPIENT

The recipient of the 2024 ACMA Elective scholarship is Michel Luo, who held his elective in Rarotonga. Here are his thoughts on the elective:

Te Marae Ora is the hospital within Rarotonga. It consists of several key specialties, with my time being focused within OBGYN and General Medicine. Throughout the time, I had the opportunity to cement information learned from my rotations back in NZ and apply that clinical knowledge over in a less advantaged country. While the staffing is adequate to cover the amount of patients there, spare hands are always welcomed, especially when we can offer a break for the clinicians who are often working on call 24/7, 365 days a year. The population of Rarotonga are majority English speaking, but still hold Cook Island culture dearly, however compared to the previous generations, this is slowly changing, with more younger generations adopting a western lifestyle, as evident in the change in food, a vital part of culture. The other part of my elective was held at LabPlus, at the mortuary. The specialty itself is quite niche, being separate from Anatomical Pathology (which deals with diagnosing specimens sent to the lab). It is quite refreshing to review skills and knowledge that often have been pushed aside since our pre-clinical years. These included performing dissections on deceased patients, and then examining the histological slides, ultimately to answer a clinical question, whether that may be related to a homicide, confirming a diagnosis, or providing answers to the family of the deceased.



YACMA AGM

The YACMA AGM celebrated a highly productive and engaging year for our association over a sumptuous dinner at Cafe BBQ Duck. In 2024, YACMA achieved record sign-ups, with 99 new members. Our events, including the ever-popular yum cha social, the winter social, and our mentorship initiatives, were met with overwhelming enthusiasm and participation.

We extend our heartfelt gratitude to ACMA for their continued support, which has been instrumental in enabling our success.

Introducing the YACMA 2025 Executive Team

Congratulations to our newly elected executive team, who will lead YACMA into another exciting year:

- President: Nick Ngu
- Vice President: Jason Liu
- Administrative Manager: Serena Chen
- Membership Secretary: Chloe Chow
- Pre-Clinical Representatives: Joy Shi, Carolyn Lin, Hugo Chou
- Editors: Alyana Mai-an Chan, Veronica Chen, Joshua Ah-Chan
- Treasurer: Raeanne Leow
- Mentorship Officer: Bobby Tao
- 4th Year Representative: Cynthia Zhang
- 5th Year Representative: Cael Dayu
- TI Representative: Grace Zhu

We are excited to see how their leadership will continue to grow YACMA's community and enhance the experience for all our members. Here's to a fantastic 2025!





YACMA RETREAT

This year's YACMA retreat was held at the stunning Hahei Beach Resort in Coromandel! Over three unforgettable days, attendees enjoyed lounging at the beach, stargazing, banana boating, midnight shenanigans and most importantly of all, bonding with fellow YACMA members - what a great way to wrap up the year.

A huge shoutout to our preclinical team (Nick, Crystal and Kathryn) for their exceptional effort in organizing this fantastic event—your hard work made it all possible.





COMMUNITY NEWS

ROTARY club of Auckland harbourside Chinese New Year Banquet Dinner

Dear ACMA members,

ROTARY club harbourside is a service club with a strong multicultural focus . One of its annual events to fundraise for worthy causes is the 2025 Chinese New Year Banquet Dinner. As well as a Chinese banquet there will be live entertainment, raffles and auction. The venue is at Grand Harbour on 1st March 2025 (see attached flyer). The main beneficiary is Ronald MacDonald house, a charity that provides a home to families when their child is hospitalised.

Members please reserve this date and consider supporting this worthwhile event , either by purchasing a seat or a table. You might consider providing goods or services for auction or giving a donation . Event sponsorship to show your support is also welcome

For enquires please email Dr Linda Lum sponsorship@acma.org.nz.

Kind regards

Dr Linda Lum



COMMUNITY NEWS

In Loving Memory: Dr. Mervyn Joseph Ah Chan

22 January 1945 - 8 December 2024

Auckland Chinese Medical association would like to acknowledge and remember the life of ACMA GP member Dr Mervyn Ah Chan who passed away recently. He was a much loved father, brother, uncle and kung kung. He was a dedicated doctor to his patients and a loyal friend to ACMA. He was also a keen cook of crayfish and smoked goods and an endurance swimmer. Mervyn was born in 1945 and attended Otago medical school. He practiced medicine for over forty years during what he considered the "golden years of general practice" as a solo GP in West Auckland. He considered his patients as family and in some cases looked after three generations. In those early days of house calls maternity care, 24hr on call and no computers not faced by doctors of today. He was a founding member of ACMA and enjoyed CME meetings so he could catch up with colleagues. He shared his boundless humour and optimism. He also served as ACMA Vice President. Ever loyal to the end, he would ask any Asian doctor he came across in hospital if they were ACMA members and try and recruit them to the cause. He retired in his 70s to devote more time to his family and garden. He was in good health until the last few months. He passed away in hospital after a short illness on 8 th December, aged 79.

Rest in peace.





EDITOR'S ADDRESS

As we present the final newsletter of 2024, we hope that you've had a wonderful year as part of the ACMA and YACMA community. It has been a joy to capture the highlights of our events and share them with you through these newsletters.

As the year comes to a close, it's time for us to bid farewell and hand over the reins to the next team of editors—Joshua, Alyana, and Veronica. We're sure that they'll take the YACMA editor work to new heights 📷.

Warm regards,

The Editors

Lucy, Cynthia, Bobby, and Isaac

