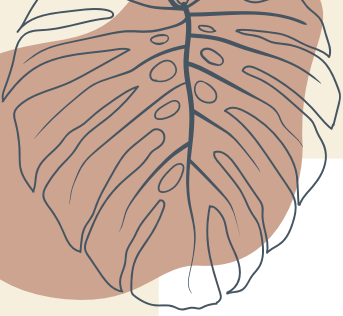
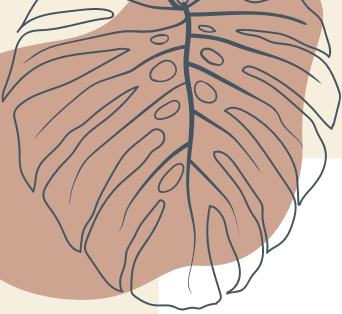




ACMA

APRIL NEWSLETTER

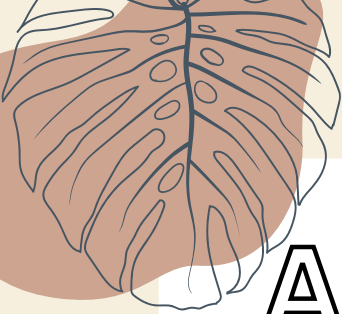




CONTENTS

ACMA PRESIDENTIAL ADDRESS	1
YACMA PRESIDENTIAL ADDRESS	2
YACMA PRECLINICAL REP ADDRESS	3
INTRODUCING THE 2023 EXEC TEAM	4
ACMA HEALTH STALL	13
CME 1	14
CME 2	15
YACMA EVENTS	16
UPCOMING EVENTS	17
ASIANS IN THE MEDIA	18
SPONSORS	19
MESSAGE FROM THE EDITORS	20





ACMA PRESIDENT

Dear ACMA/YCAMA Members,

I am honored to have been elected as the new President of ACMA. I want to take this opportunity to thank each and every one of you for your ongoing support and participation in our organization. Whether you are a member or an executive team member, your commitment to our mission and your contributions to our community have been essential to our success.

I want to reaffirm our organization's mission and values. We exist to continue to serve our members for CME meetings, collaborate with wider health system stockholders, and serve our Asian community by being a voice on matters of medical or health concern, particularly for Chinese New Zealanders with inclusivity and open-mindedness.

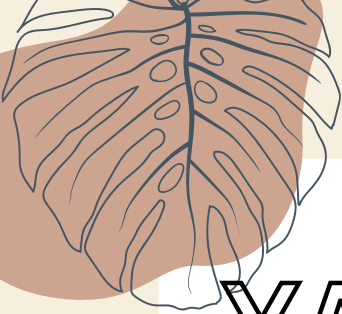
We are facing many challenges as an organization during the COVID-19 pandemic for the past three years with mostly adaption to virtual meetings and events. We are very pleased that once again we are now able to plan our member's activities with certainty and full resumption to all face-to-face gatherings events.

I am also excited to announce that our organization has made a significant change to our constitution this year, allowing us to welcome associate membership for nurses and pharmacists. This change represents a major step forward in our mission to promote collaboration and inclusivity in the healthcare community. As an organization, we recognize the critical role that nurses and pharmacists play in the healthcare system. By opening our doors to these healthcare professionals, we are creating new opportunities for collaboration, learning, and growth that will benefit us all.

We are very fortunate to have a team of talented and dedicated executive ACMA and YCAMA members, who have gone above and beyond to ensure that our organization continues to grow and thrive. They have contributed their valuable time and energy to organize events, facilitate discussions, and develop new initiatives that benefit our members and the broader community.

I encourage all of you to take these opportunities to reconnect with your colleagues and friends and enjoy the many wonderful events and activities that our organization has to offer. I look forward to seeing all of you at future events.

Sincerely,
Dr. Jessie Liu
President of ACMA 2023



YACMA PRESIDENT

To the early birds, good morning; and to the late night owls, good evening!

On behalf of YACMA 2023, I'd like to extend a warm welcome to you all. Whether you are a new member, or a YACMA alumni, we hope you'll see some faces that are either old friends or are new but with a huge smile. This year has started off strong with the first in several years since the COVID pandemic hit all of us (touch wood a new variant doesn't spring up!!!!). Our Preclinical reps and our Editors have put in the work with the O-week introductions, and it shows, with an amazing ~70 seats booked for the yumcha event that was held in early April.

Continuing our goal as both a social and educational group, in a similar fashion to ACMA, we have continued our Progress Test education (a 128 MCQ, held 15 times over the 5 years), but with the COVID restrictions being lifted, we are transitioning back to in person, giving our members the chance to learn in an extra-curricular environment while still seeing each other face to face. Later on in the year we will continue the ever so popular Winter Social, and end of year retreat which will be under works soon!

Again, we graciously thank our sponsors of Gongcha, MAS and our parent organisation ACMA. Without sounding too cliché, none of this would be possible without your support. I've mentioned our Preclinical reps, and our Editors, but we cannot forget the rest of our exec team, membership secretary for sorting out our ~80 new members, treasurer for following up on finances, clinical reps who are busy underway with the educational events, and lastly the newly formed vice-presidents, who work closely with me on new endeavours, ensuring the function of YACMA is going smoothly.

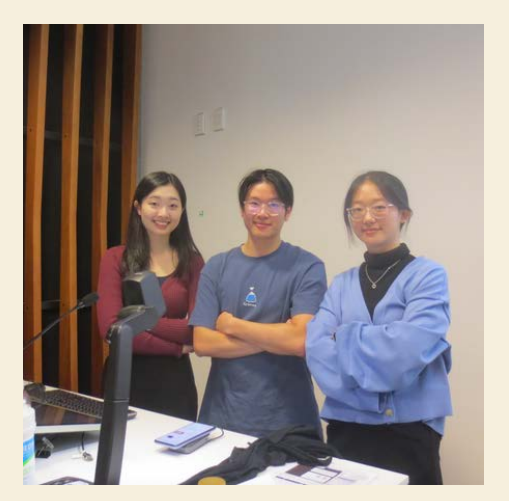
Best wishes for all of YACMA and ACMA for 2023!

Michel Luo, 2023 YACMA President

PRECLINICAL EXECS

Hi everyone,

We are Lee, Cara, and Ally and we're your preclinical representatives for 2023. We are thrilled to be serving in this role and are excited to bring some fun and energy throughout the year!



We have planned a varied range of social events including our iconic yum cha, winter social, and end-of-year retreat, as well as special events in continued collaboration with the Chinese Law Club. Our aim is to incorporate elements of Chinese culture into these events, whilst creating an inclusive and engaging environment for students of all backgrounds to come together and enjoy themselves.

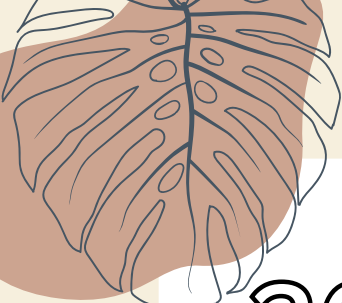
On behalf of the club, we are grateful for the support of ACMA in enabling our club to provide social and educational opportunities for all our members and fostering a close-knit community in doing so. As always, we are committed to building this relationship by providing a supportive space for future ACMA members to grow and develop.

To our members, med school can be (really) challenging, but it can also be an incredibly fun and rewarding experience. Our goal as a club is to be part of that experience, and as such we hope that our events will provide opportunities for students to make unforgettable memories and forge long-lasting friendships.

We can't wait to see you all at our upcoming events and look forward to making this year memorable.

Sincerely,
Lee, Cara, and Ally





MEET YOUR 2023 ACMA EXECS



Dr Jessie Liu - President

General Practitioner // MBChB (Otago), BCom

Jessie is Director and CEO of Windsor Medical Centre and Director and Co-founder of Caring Clinic Doctors. After coming to New Zealand at age 15, she gained double degrees in Medicine (Otago) and Commerce (University of Auckland). She worked in different hospitals and clinics prior to becoming the chief operating doctor at two large medical groups. She joined Windsor Medical Centre, the largest Asian-focused medical centre in the Northshore, as one of two partners in 2011. After five years of hands-on experience in operational management, she and her husband founded Caring Clinic Doctors group on Queen Street in Auckland in 2016.



**Dr Gee Hing Wong
Vice President**

General Practitioner // MBChB (Otago), FRNZCGP, MMgt

Gee Hing Wong is a General Practitioner at East Coast Bays Doctors. He served as the President for the Australasian Council of Chinese Medical Association in 2010, and the Auckland Chinese Medical Association Inc in 2009-2010. Outside of medicine, he holds a Master of Management, with a special reading interest in the economic history of the twentieth century.

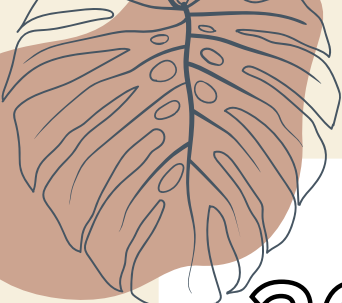


Danny Seto – Treasurer

BCom (University of Auckland), CA (CAANZ)

Danny is a New Zealand born Chinese, and grew up on a market garden in Mangere, Auckland. He studied at University of Auckland, and began his career in auditing. He now has a role in finance, accounting and information technology at Mitsubishi New Zealand Ltd, an investment company. His connection with ACMA began in 1990

when his partner, Dr Belinda Luey, first joined the ACMA committee. He spends as much time as possible with his partner and they enjoy cycling, good food, travelling, movies and music together.



MEET YOUR 2023 ACMA EXECS

**Dr Linda Lum - CME and
Sponsorship Coordinator**



General Practitioner // BHB, MBChB (Auckland), DipObs, FRNZCGP

Linda is a New Zealand born Kiwi-Chinese. Growing up in Takapuna, she trained at Auckland University School of Medicine in the late 1980's. Afterwards she gained a Diploma in Obstetrics and Gynecology. She has been working in General Practice since 1994 and is a Fellow of the Royal New Zealand College of General Practitioners with a special interest in women's and children's health. She also has an interest in Asian public health, having been a past President of the Auckland Chinese Medical Association and an Executive committee member for some nineteen years.

Dr Ang Liu - Secretary



General Practitioner // MBChB (Auckland), MRNZCGP

Born in China and raised in New Zealand, Ang is a locally trained medical graduate working as a general practitioner in primary and urgent care. He has a professional interest in skin cancer medicine and outside of medicine he enjoys playing badminton.

**Dr Kwan Leng (Albert)
Low - Membership Officer**



*General Practitioner // MBChB (Auckland), PGCertWHlth,
Dip Obs, FRNZCGP*

Albert is a Malaysian Chinese, graduated from University of Auckland in 2008. He has just recently joined ACMA in 2019 and has been selected to be in the ACMA committee. He is currently working as a General Practitioner and has his own medical centre in West Auckland where he has been working for the last seven years. He enjoys his general

practice work which develops long term relationship with patients and promoting preventative medicine. His special interest is hair loss treatments and he is planning to do hair transplant in his new medical centre. Outside medicine, Albert enjoys outdoor activities such as tramping & cycling, spending quality time with family & friends and reading.

MEET YOUR 2023 ACMA EXECS



Jessie Liu - Membership Secretary

Medical Student, The University of Auckland

Jessie is a trainee intern at the University of Auckland. She was born and raised in New Zealand, and her parents are both from Fujian, China. In 2017, Jessie graduated from Saint Kentigern College and knew she wanted to pursue her passion for healthcare. Through YACMA and ACMA, she would like to give back to the Asian community that has been the backbone of her life in NZ. Jessie enjoys hiking, travelling, and playing board games in her spare time.



Dr David Wu - Community

General Practitioner // MB (Shanghai Second), PhD (Auckland), FRNZCGP

David is a currently practising GP in East Auckland. He graduated from Shanghai Second Medical University in China. He completed a PhD at the University of Auckland School of Medicine. He speaks English, Mandarin and Shanghainese.



Dr Carlos Lam Yang - Community

General Practitioner // MBChB (Otago), FRNZCGP

Carlos is a 1.5 generation Chinese Kiwi Peruvian who completed his schooling and medical degree in New Zealand and currently works as a GP and Urgent Care Physician in South East and East Auckland respectively. He has an interest in minor surgery, paediatrics, geriatrics, mental health and Asian Health. He is a proud father to two kids and in his spare time likes to hike, run, workout, travel, dine out,

watch Netflix, and debate geopolitics and anthropology. He was a previous ACMA President and currently works in a Community Liaison role with Te Whatu Ora, various NGOs as well as the Asian community. He can speak Cantonese in addition to English, and understands a small amount of Mandarin and Spanish.

MEET YOUR 2023 ACMA EXECS



**Dr Brian Tse - RMO Rep /
Social Rep**

Surgical Registrar // MBChB (Auckland)

Brian is a long time South Aucklander and a surgical registrar. He was the trainee intern representative of YACMA in 2017 and has since maintained his position as the social representative of ACMA. Brian enjoys his PS4, singing to the rhythm of his acoustic guitar, playing the occasional game of tennis and driving his loud car.



**Dr Gary Wu - General
Committee**

Surgical Registrar // MBChB (Auckland)

Gary graduated from the University of Otago in 2003. He worked in Sydney, Royal Prince Alfred Hospital before returning to Hamilton for his GP training and work in Auckland as a general practitioner. He is currently the clinical director and company director at The Doctors New Lynn. Gary has special interests in minor surgery, chronic conditions and health/wellbeing promotion. He moved from Taiwan to New Zealand with his family when he was 15.

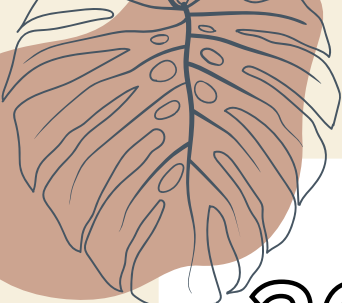


**Dr Cliff Ah-Kit - General
Committee**

*General Practitioner // BHB, MBChB (Auckland), Dip Obst,
FRNZCGP*

Cliff is a New Zealand born Chinese who studied medicine at University of Auckland, graduating in 1982. He completed his GP training in Hamilton and went on to become a partner in a local practice. After 14 years he moved to Auckland in 1996, later becoming a partner / GP at Bakerfield Medical and Urgent Care in Manukau, a position he continues to hold today. He has been keen to provide high-quality cost-

effective health care to his clients. He has interests in dermoscopy, mental health and keen teacher for GP registrars. Outside of medicine he is keen on fitness and spending time with family and friends, travelling overseas to see the kids, movies and reading.



MEET YOUR 2023 ACMA EXECS



Dr Christina Tieu - General Committee

Obstetrician & Gynaecologist // MBChB (Otago), FRANZCOG (2012)

Christina is an Obstetrician and Gynaecologist at Middlemore Hospital and a Private Gynaecologist at Ormiston Specialist Centre. She is a fellow of The Royal Australian and New Zealand College of Obstetricians and Gynaecologists. Christina is also an Honorary Senior Lecturer at the Auckland University School of Medicine and a member of the Australian Society for Colposcopy and Cervical Pathology. Christina practices both high-end obstetrics that includes Fetal Medicine and gynaecology. She is multilingual and speaks Vietnamese, Mandarin and Teo Chew.



Dr Brian Yeom - Webmaster

Registrar // MBChB (Auckland), BMedSc (Hons)

Brian is a registrar in the Auckland region. Brian has a strong interest in Asian health and a passion in helping and contributing towards his community. Brian enjoys supporting and working for ACMA, having been a YACMA pre-clinical representative in 2016 and is the current webmaster.



Tianwei Liu - CHAINZ Webmaster

House Officer // MBChB (Auckland)

Tianwei is currently a House Officer in the Auckland region. Being one of the many Auckland Grammar School 'Old Boys' of his cohort, he hopes to live up to the lofty expectations that come hand-in-hand with said situation by making himself useful with the skills he has managed to accumulate over the years. Fond of reading as well as having hobbies that range widely from audiophilia to badminton to calligraphy, he is always ready and willing to talk about anything and everything with anyone.

MEET YOUR 2023 YACMA EXECS



Michel Luo - President

Michel is a fifth year medical student, and will be at North Shore Hospital in 2023. Born out of Levin, he arises from a tight knit Chinese community. He aims to provide the same level of camaraderie towards the medical students of Auckland.

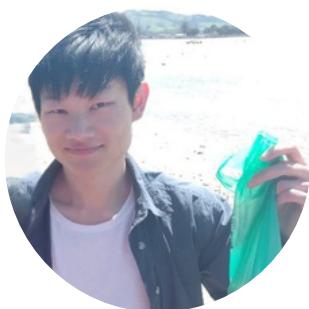
When not occupied by his studies and commitments, Michel enjoys exploring the numerous waterways and coastlines of New Zealand, with a fishing rod by his side. As President in 2023, he aims to both continue, and grow YACMA, so that it can achieve greatness within and outside of the Chinese community.



**Bosco Yue - Vice
President of Outreach**

Bosco is a fifth-year medical student at the University of Auckland and is currently placed at Middlemore Hospital. Born and raised in Hong Kong, he moved to New Zealand in 2016, and graduated from Auckland Grammar School in 2018. Alongside his studies, he volunteers at the ADHB and tutors pre-clinical medical students.

Being an immigrant who had personally encountered cultural and language barriers to health, he aims to raise awareness of Asian health among medical students. As Vice-President in 2022, he will continue to support members and help build meaningful connections within the YACMA community, as well as to strengthen the relationships between YACMA and ACMA members.



**Kevin Tan - Vice
President of Admin**

Kevin is a fifth-year medical student placed at Waitemata DHB. He and his family immigrated to NZ from China 11 years ago. Having spent half of his life in each country; he has grown fond of both the place that embodied his childhood nostalgia, but also the beautiful land that nurtured him with its rich culture and fostered his passion for medicine. In his spare time, he enjoys reading books, camping and drawing. He is excited to join the team and dedicated to growing alongside the YACMA family.

MEET YOUR

2023 YACMA EXECS



Wen Lin - Treasurer

Wen is a 4th-year medical student at the University of Auckland. Wen is a postgraduate entry student with a Bachelor of Health Sciences and a Postgraduate Diploma in Public Health. She enjoys cooking, exercising and watching K & C dramas in her spare time. Wen hopes to ensure YACMA continues to be a supportive network for students and promote awareness of Asian health in the medical setting.



**Helen Zheng -
Mentorship Officer**

Helen is a trainee intern currently placed at Waitemata Hospital. She was born and raised in Auckland and graduated from Epsom Girls' Grammar. She has made many precious friends and experiences from YACMA and ACMA events, and would like to help other students obtain these as well. In her spare time, she likes to play the kalimba and spend time with friends and family.



Jerry Tang - TI Rep

Jerry is a current trainee intern placed at Middlemore Hospital this year. Born in China and grew up spending time in both countries. He has been involved with YACMA for many years also previously serving as pre-clinical rep and president. He enjoys the family and community vibe that YACMA provides for Auckland medical students. Jerry hopes to be able to help guide the younger group of YACMA in his final year. In his spare time, he enjoys going to the gym and spending time with friends and family.



Ethel Xu - 5th Year Rep

Ethel is a fifth-year medical student on placement at Middlemore Hospital this year. She grew up in Christchurch and graduated from Burnside High School in 2018. Ethel really likes the sense of camaraderie and connectedness within YACMA. She is excited to continue being part of this wonderful community. In her spare time, Ethel enjoys reading, watching movies and cooking.

MEET YOUR 2023 YACMA EXECS



Jason Liu - 4th Year Rep

Jason is a 4th-year medical student. Son to Chinese immigrant parents, he expresses his heritage through his cooking. Always down for a laugh, he loves forging new relationships. He can't wait to see YACMA thrive amongst the next generation of medical professionals that are ready to drive change!



Ally Yu - Pre-clinical Rep

Ally is a third year medical student at the University of Auckland. Although born in Auckland, she spent the majority of her childhood in Beijing before coming back to Auckland to complete her high school studies at Rangitoto College. Alongside her studies, she enjoys reading novels, exploring old and new films and spending time with friends and family. Ally is excited to learn lots by joining the team this year, and looks forward to contributing to the YACMA community!



Cara Wang - Pre-clinical Rep

Cara is a third-year medical student born in China and raised in Palmerston North, with windmills and flower gardens. When studying in Auckland, YACMA is where Cara finds belonging and joy. She hopes to support the preclinical students to make the most of their year. She loves to get out there with friends or enjoy the quiet times of the day.



Lee-teen Wong - Pre-clinical Rep

Lee is a Chinese Malaysian third-year medical student from Auckland. He enjoys playing tennis, baking - and eating - desserts, and going on hikes with his friends in his free time. Lee is grateful to be part of such a close-knit community of students and looks forward to organising inclusive and engaging cultural and social events for all medical students this year.

MEET YOUR 2023 YACMA EXECS



Carol Huang - Editor

Carol is a third-year medical student at the University of Auckland. Born and raised in Auckland after her family moved from Shanghai, she graduated from Rangitoto College in 2020. Alongside her studies, Carol enjoys thrifting, trying new DIY projects and exploring both old/new spots in the city. By joining the YACMA team, she looks forward to connecting with the wider Chinese medical community and learning skills beyond academics!



Edson Low - Editor

Edson is a third-year medical student at the University of Auckland. Born to Malaysian Chinese migrants, he grew up in NZ and graduated from Auckland Grammar School in 2020. When he's not studying, he'll be playing saxophone, building model kits, and doing scenic photography. As one of the editors, Edson will be excited to capture and share the best moments for YACMA this year!



Angel Li - Editor

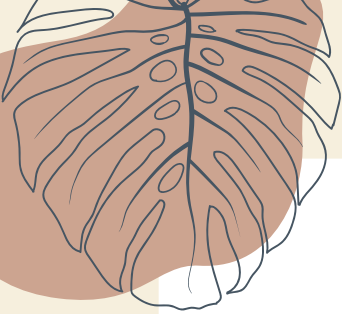
Angel is a third-year medical student, born and raised in Auckland across the bridge in the North Shore. After graduating from Rangitoto College in 2020, she made the decision to pursue a career in healthcare. Outside of her University studies, Angel enjoys cafe hopping around Auckland, catching up with friends and making music on the piano and viola. As an editor, she is most excited to capture key moments on camera and help further establish the strong sense of community in YACMA.

ACCC Health Stall

The first event of the year, ACMA and YACMA held the annual health stall at the Auckland Chinese Community Centre Festive & Market Day 2023, which went very well. Thank you for those who attend and participated. All of your volunteer work is greatly appreciated.



thank you
volunteers



CME 1

Warm welcome to the "Year of the Rabbit" and thank you for all ACMA/YACMA members' continued support and participation for our CME events.

Our first CME of 2023 was held at Fortune Fountain Restaurant Milford on 26 Feb 2023, where we discussed "Functional abdominal pain in the Asian patient" presented by Dr Cameron Schauer.

This event was kindly sponsored by Waitemata Endoscopy



-CME 1

CME 2

This meeting is sponsored by Novonordisk.

Our first speaker is Dr Carl Peters. He is a specialist endocrinologist and diabetologist. He trained as an endocrinologist in NZ followed by research work in the UK. He currently works in private practice at the Mercy Specialist centre and in public for Waitemata. His talk is on an update on the management of obesity and introducing "Saxenda" (Liraglutide).

Dr Praveen de Silva is a gynaecologist with a subspecialty in endometriosis. After initial training in NZ he completed his fellowship in Australia and has recently returned to NZ to join Waitemata health. He also consulted in private at the Auckland Gynaecology group. Welcome to Auckland Dr De Silva. This talk is an update on endometriosis.



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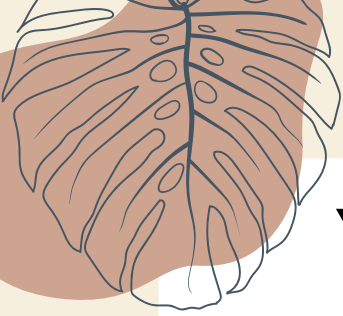


FILM NEGATIVE



FILM NEGATIVE

-CME 2



YACMA Yumcha

On 8th April, the YACMA family kicked off the year with our much anticipated event of Yumcha at Sunworld, Newmarket.

We started the day with icebreakers and interactive mini games for YACMA members to meet each other and embrace their artistic talents. It was an enjoyable time for everyone to both have a laugh with old friends and make new friendships.

A great spread of BBQ pork buns, Siu Mai, beef ribs, egg tarts and much more was served and enjoyed. Photos included below to show just how wonderful it all was!

Once again, we express our gratitude to our sponsor MAS and their generous prizes won during the mini games!

We are always thankful for MAS' continued support to not only make this amazing event possible, but also supporting our medical cohort in every aspect.



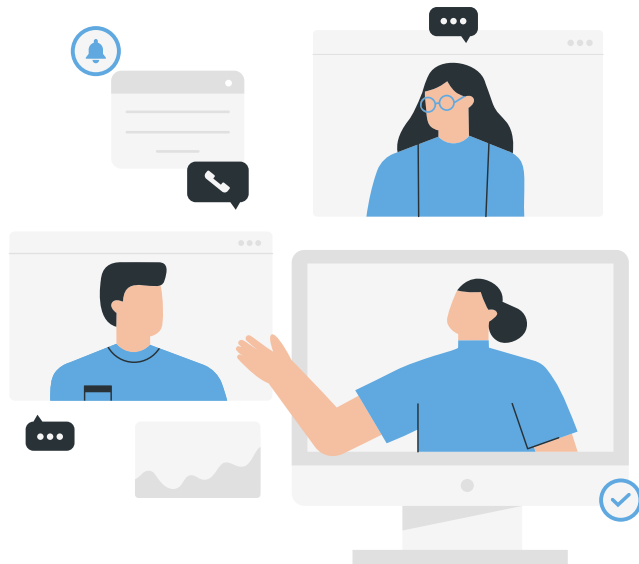
UPCOMING EVENTS

CME 3

April 30th

CME 4

May 28th



YACMA x CLC Winter Social

Date TBC



ASIANS IN THE MEDIA

The Knockout (狂飙)



The greatest hit Chinese drama of 2023! Directed by Xu Jizhou, this drama follows the story of police unveiling society's dark side. The story behind lead actor Zhang Songwen's life is just as intriguing- a successful tour guide turned into A-Lister celebrity!

Beef



Netflix's newest hit with Asian representation! This is an one-of-a-kind comedy drama created by Lee Sung Jin entailing the chaos started by a road rage incident between 2 strangers... all other information shall be withheld to avoid spoilers!

SPONSORS



A partnership with
Southern Cross Hospitals



MESSAGE FROM

The Editors

We hope you enjoyed the first newsletter of 2023! We truly appreciate this opportunity to both attend these wonderful events and share the memories with everyone.

Looking forward to everything else 2023 will bring!

For more photos and more info on future events, follow us @:



**YACMA - YOUNG AUCKLAND CHINESE
MEDICAL ASSOCIATION**



YACMA EDITORS



YACMA.UOA

