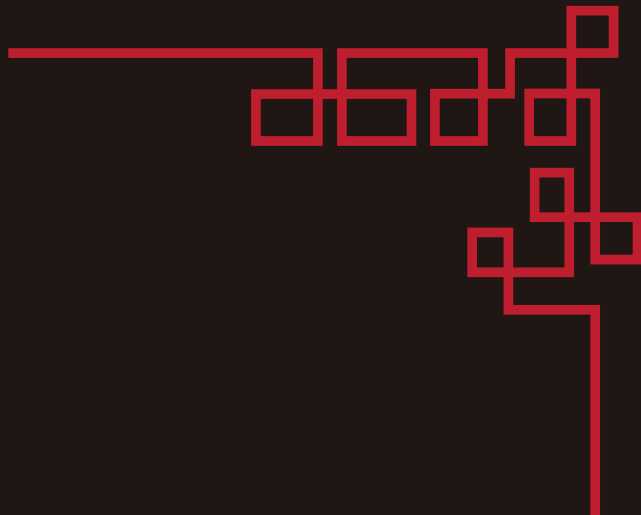
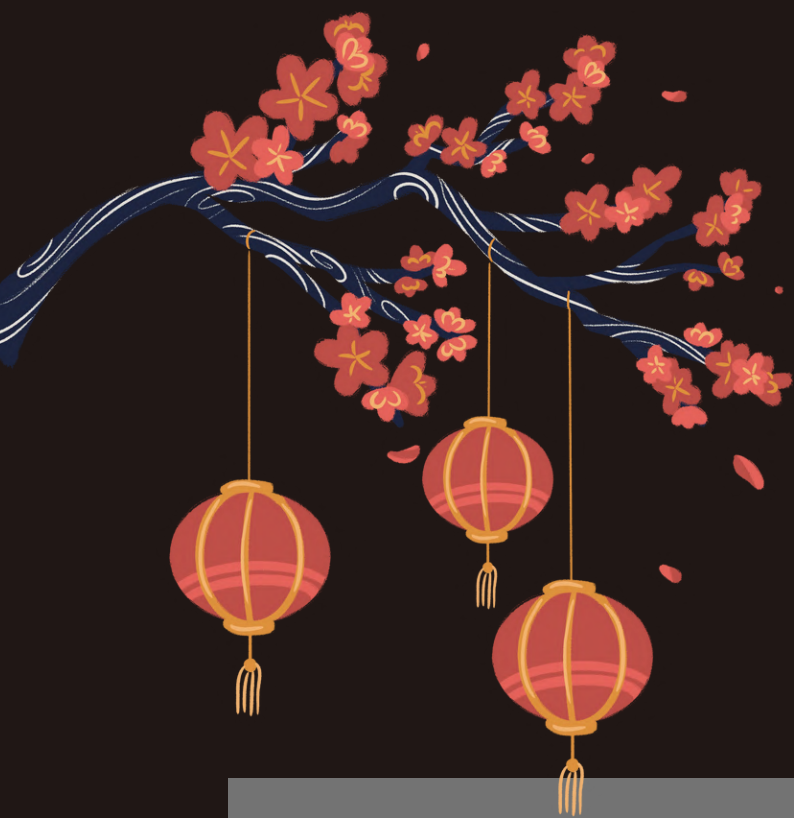




ACMA NEWSLETTER

APRIL 2025

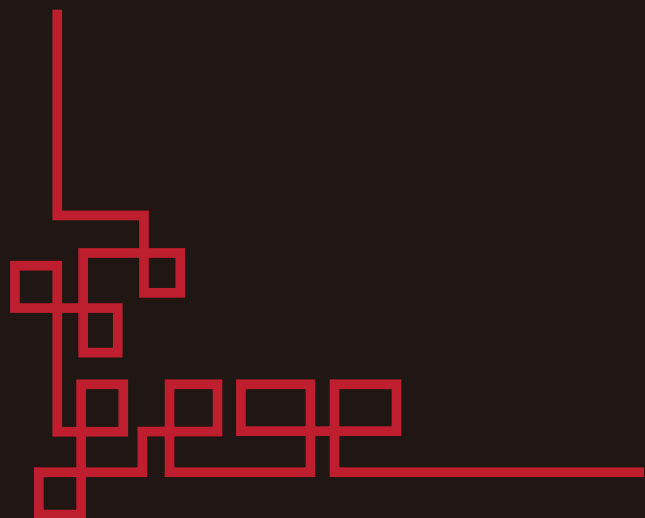


TABLE OF CONTENT



01

ACMA
PRESIDENTIAL
ADDRESS

02

YACMA
PRESIDENTIAL
ADDRESS

03

INTRODUCING
THE 2025
ACMA EXECS

07

INTRODUCING
THE 2025
YACMA EXECS

11

ACMA & YACMA
EVENTS

16

THE
EDITORS'
PLAYGROUND

ACMA PRESIDENTIAL ADDRESS

Dear ACMA & YACMA Members,

Thank you from the bottom of my heart for the opportunity to serve as the President of ACMA. Please allow me to introduce myself. I am Albert, and I have been a member of the ACMA Committee since 2018. It has been a wonderful experience mingling with other health professionals. ACMA provides a great platform for building relationships with others.

We hosted our ACMA booth at Auckland Showgrounds on January 25, 2025, to celebrate Chinese New Year and Market Day. The event was a huge success—we conducted health screenings for more than 70 people. There was great participation from both ACMA and YACMA members. Even Prime Minister Christopher Luxon and Auckland Mayor Wayne Brown stopped by our booth. It was truly a fantastic team effort!

This year, we will have social events between ACMA and YACMA Committee members, such as badminton games or other outings. We look forward to the events organized by the YACMA Committee and to fostering relationships with our future doctors.

We also look forward to future CME dinners and quality talks.

Thank you.

Sincerely,
Dr. Albert Low
ACMA President 2025

YACMA PRESIDENTIAL ADDRESS

大家好! Hey everyone! If I have not met you already, I am Nick, and I am incredibly excited to be YACMA president for 2025. As president for this year, I am responsible for looking over the many social events and academic services our club seeks to offer for both our members and non-members. Despite our academic year only just getting started, and our medical cohorts adjusting back to arduous hours of study, our 2025 executive committee has already been hard at work much before the start of our academic year, and personally, I am incredibly excited about what YACMA has to offer for all of our medical school cohorts.

My vision for YACMA this year is to create an academic yet social club that both appeals to our members and welcomes those who may not have a Chinese background. Because New Zealand is privileged to offer diverse and multi-cultural medical cohorts, I believe in a future of YACMA that is not Chinese in people but Chinese in culture.

While the academic year has only just started, I'm sure I am stealing the words of my own executive committee, when I say that the year so far has been a long and winding journey, faced with unexpected challenges and creative solutions. I am personally extremely proud of my executive committee, and I couldn't have asked for any better people to work with. Whether you are new to YACMA or a returning member, I have high hopes that the long hours that our committee have put into their respective roles in YACMA are reflected in the plethora of events, gatherings, and various other supportive resources we provide as a club.

As I bring this address to a close, I am sure you are reading this because you have both subscribed to the best club in the medical school but also committed to becoming a loyal member of our club. As one final favour, I would be deeply honoured if our own members continued to support us by continually coming to the events that our committee have painstakingly taken their personal time to organise, but also spread the word of YACMA to various other medical colleagues in your respective cohorts. We all things considered I would like to personally wish you the reader an amazing academic / working year ahead for 2025, and we hope to see you more often in our future YACMA events.

Best Wishes,
Nicholas Ngu

INTRODUCING THE 2025 ACMA EXEC TEAM



PRESIDENT - DR KWAN LENG (ALBERT) LOW

GENERAL PRACTITIONER // MBCHB (AUCKLAND), PGCERTWHLTH, DIP OBS, FRNZCGP

Albert is a Malaysian Chinese, graduated from University of Auckland in 2008. He joined ACMA in 2019 and has been in the ACMA committee for several years. He is currently working as a General Practitioner and has his own medical centre in West Auckland that was opened in 2020. He enjoys his general practice work which develops long term relationship with patients and promoting preventative medicine. He is also interested in minor surgeries and women's health. Outside medicine, Albert enjoys outdoor activities such as tramping & cycling, spending quality time with family & friends and reading.



VICE PRESIDENT - DR MING HAN LIM

GASTROENTEROLOGIST // MBCHB (OTAGO), FRACP

Ming Han is a Gastroenterologist at Middlemore Hospital who also consults privately at Greenlane Medical Specialists. He is a Malaysian born Chinese who migrated to New Zealand at 16. After completing his Physician and Gastroenterology training in New Zealand, he undertook a fellowship in Inflammatory Bowel Disease at the Royal Brisbane and Women's Hospital before returning to Auckland. He enjoys playing competitive tennis, travelling and eating. Apart from English, he also speaks Mandarin, Cantonese, Hokkien and Teo Chew.



TREASURER - DANNY SETO

BCOM (UNIVERSITY OF AUCKLAND), CA (CAANZ)

Danny is a New Zealand born Chinese, and grew up on a market garden in Mangere, Auckland. He studied at University of Auckland, and began his career in auditing. He now has a role in finance, accounting and information technology at Mitsubishi New Zealand Ltd, an investment company. His connection with ACMA began in 1990 when his partner, Dr Belinda Luey, first joined the ACMA committee. He spends as much time as possible with his partner and they enjoy cycling, good food, travelling, movies and music together.



SECRETARY AND CME CO-ORDINATOR - DR JESSIE LIU

SENIOR HOUSE OFFICER // MBCHB (AUCKLAND)

Jessie is a second year registered medical officer. She was born and raised in New Zealand, and her parents are both from Fujian, China. In 2017, Jessie graduated from Saint Kentigern College and knew she wanted to pursue her passion for healthcare. Through YACMA and ACMA, she would like to give back to the Asian community that has been the backbone of her life in NZ. Jessie enjoys hiking, travelling, and playing board games in her spare time.



CME CO-ORDINATOR - DR CHRISTINA TIEU

OBSTETRICIAN & GYNAECOLOGIST // MBCHB (OTAGO), FRANZCOG (2012)

Christina is an Obstetrician and Gynaecologist at Middlemore Hospital and a Private Gynaecologist at Ormiston Specialist Centre. She is a fellow of The Royal Australian and New Zealand College of Obstetricians and Gynaecologists. Christina is also an Honorary Senior Lecturer at the Auckland University School of Medicine and a member of the Australian Society for Colposcopy and Cervical Pathology. Christina practices both high-end obstetrics that includes Fetal Medicine and gynaecology. She is multilingual and speaks Vietnamese, Mandarin and Teo Chew.



MEMBERSHIP SECRETARY - CHLOE CHOW

MEDICAL STUDENT // UNIVERSITY OF AUCKLAND

Chloe is a third-year medical student at the University of Auckland. Although she was born in Auckland, she moved to Malaysia at the age of 5, before coming back to Auckland to embark on her medical journey. Growing up in a country that takes pride in its multicultural, multilingual and diverse society, she is passionate about embracing her Chinese heritage and connecting with people from different backgrounds. Fluent in English, Cantonese and somewhat coherent in Mandarin, Chloe enjoys travelling around Asia and learning about different cultures and traditions, which has shaped her perspective on healthcare. She hopes that she can incorporate her experiences of living in both Malaysia and New Zealand into YACMA and its events. Beyond her studies, she enjoys cafe hopping, making matcha lattes, painting, watching asian dramas, playing badminton and taking pictures of random dogs she finds in the park.



COMMUNITY LIAISON OFFICER AND WEBMASTER - DR CARLOS LAM YANG

GENERAL PRACTITIONER AND URGENT CARE PHYSICIAN // MBCHB (OTAGO), FRNZCGP, FRNZCUC

Carlos is a 1.5 generation Chinese Kiwi Peruvian who completed his schooling and medical degree in New Zealand and currently works as a GP and Urgent Care Physician in South East and East Auckland respectively. He has an interest in minor surgery, paediatrics, geriatrics, mental health and Asian Health. He is a proud father to two kids and in his spare time likes to hike, run, workout, travel, dine out, watch Netflix, and debate geopolitics and anthropology. He was a previous ACMA President and currently works in a Community Liaison role with Te Whatu Ora, various NGOs as well as the Asian community. He can speak Cantonese in addition to English, and understands a small amount of Mandarin and Spanish.

SOCIAL REPRESENTATIVE - DR VINCENT YIU

GENERAL PRACTITIONER // MBCHB (OTAGO), FRNZCGP, DIP. ADVANCES IN MEDICINE (CUHK)



Dr. Vincent Yiu is a General Practitioner and Family Physician with over 20 years of clinical expertise in medical anesthetics, surgery, and family medicine. He is the Founder and Director of Veca Medical Health Centre. A University of Otago Medical School graduate, Dr. Yiu trained as a surgical and trauma registrar in Melbourne and Mildura, Australia, gaining expertise in acute care. Transitioning to primary care in 2008, he has served communities in New Zealand and Melbourne, earning Fellowship of the Royal New Zealand College of General Practitioners (FRNZCGP) in 2012.

His global career includes eight impactful years in Hong Kong, where he practiced as a Family Physician while mentoring future practitioners. As a tutor for the Hong Kong College of Family Physicians, he contributed to training programs in Hong Kong and China. Fluent in English, Cantonese, and Mandarin, he delivers culturally sensitive care to diverse communities, ensuring clear communication and trust.



RMO REPRESENTATIVE - DR BRIAN TSE

SURGICAL REGISTRAR // MBCHB (AUCKLAND)

Brian is a long time South Aucklander and a surgical registrar. He was the trainee intern representative of YACMA in 2017 and has since maintained his position as the RMO representative of ACMA. Brian enjoys his PS4, singing to the rhythm of his acoustic guitar, playing the occasional game of tennis and driving his loud car.



GENERAL COMMITTEE - DR LINDA LUM

GENERAL PRACTITIONER // MBCHB (AUCKLAND), BHB, DIPOBS, FRNZCGP

Dr Linda Lum is a New Zealand born Kiwi-Chinese. Growing up in Takapuna, she trained at The University of Auckland School of Medicine in the late 1980's. Afterwards she gained a Diploma in Obstetrics and Gynecology. She has been working in General Practice since 1994 and is a Fellow of the Royal New Zealand College of General Practitioners with a special interest in women's and children's health. She is now semi-retired. She is a past President of the Auckland Chinese Medical Association. She speaks English and Cantonese. In her spare time she studies Asian politics and social sciences. For leisure she enjoys reading, walking, gardening and experimenting with Asian food flavours.



GENERAL COMMITTEE - DR GARY WU

GENERAL PRACTITIONER // MBCHB (OTAGO), FRNZCGP

Gary graduated from the University of Otago in 2003. He worked in Sydney, Royal Prince Alfred Hospital before returning to Hamilton for his GP training and work in Auckland as a general practitioner. He is currently the clinical director and company director at The Doctors New Lynn. Gary has special interests in minor surgery, chronic conditions and health/wellbeing promotion. He moved from Taiwan to New Zealand with his family when he was 15.



GENERAL COMMITTEE - DR QUOA YOUNG LEE

GENERAL PRACTITIONER // MBCHB (OTAGO), FRNZCGP

Dr. Quoa Young Lee is a GP that works out at Mission Bay. He is a dying breed of GPs who works solo to avoid arguments.

Now that his children are teenagers and ignoring him, he's happy to help out with ACMA and finally get some attention. Aside from his interest in promoting the Chinese medical community - he likes middle-aged men activities like walking, gardening and pickleball - in between using the massage chair.



GENERAL COMMITTEE - DR JOANNA LAN

GENERAL PRACTITIONER // MBCHB (AUCKLAND), FRNZCGP

Dr. Joanna Lan is a dedicated GP with a strong focus on women's and children's health. Locally trained at Auckland Medical School, she brings a deep understanding of the healthcare needs of New Zealand communities.

As a proud mum of three, Dr. Lan combines her professional expertise with personal insight to provide compassionate care. Outside of her medical practice, she enjoys exploring new recipes and having fun outings with her family.

INTRODUCING THE 2025 YACMA EXEC TEAM

PRESIDENT - NICK NGU

Nick is a 4th-year medical student and 2025's YACMA president, currently based in the mighty Waikato, embarking on his first year of medical placement. He is of Malaysian-Chinese descent, his family is from Sarawak, and his home province is in Fuzhou, China. Nick's vision for YACMA this year is to create an organisation that is "Chinese in culture, not by people" and therefore celebrates the best parts of being Chinese whilst remaining inclusive to the entire medical cohort. During his spare time, he enjoys brewing specialty coffee and playing table tennis socially (although quite competitively) with his friends. All in all, Nick alongside his trustworthy executive team are deeply excited to have you guys for what they have in store.

VICE PRESIDENT - JASON LIU

Jason is a Trainee Intern based in Waitematā this year. Being a New Zealand born Chinese from Palmerston North, he often found himself confused about his identity growing up. Thankfully, through his involvement in YACMA having been a past President and Pre-clinical rep, he has found a balance between embracing his Chinese heritage, and the kiwi way of living. Having attended many ACMA CMEs and events, it had helped him appreciate the importance of Asian health and cuisine. He looks forward to another year of being part of the YACM/ACMA and continuing to help it grow. In his spare time Jason enjoys fishing, eating the fish he catches, and patting cats.

PRE-CLINICAL REPRESENTATIVE - JOY SHI

Joy is a 3rd-year medical student, and was born and raised fully in Auckland. Her family was born and raised in China and then migrated to New Zealand. Being a proud Kiwi Asian, Joy is deeply engrossed in both her Chinese culture and being a New Zealander, and as a pre-clinical rep for YACMA she hopes to be able to foster a community that allows us to showcase our culture to NZ. As an avid planner and organiser, she is super excited to help plan some amazing events this year for YACMA/ACMA. In her spare time she enjoys trying out new restaurants with her friends, watching the latest shows and indulging in some skincare.

PRE-CLINICAL REPRESENTATIVE - CAROLYN LIN

Carolyn is a third year medical student who was born, raised and never moved from the North Shore in Auckland. She has been heavily involved in her Chinese communities growing up and was the first President of her high school's Chinese Committee (shoutout to Rangitoto College!). Carolyn loves planning and therefore loves to travel. She hopes for her next trip to consist of visiting both her parents' hometowns (Fuzhou and Beijing) and exploring more cities in China. Some fun facts about her are that she can do semi impressive tricks with a diabolo, beat an eight year old in chess and gets insane Asian flush. Whilst she can be very loud and enjoys hanging out with her friends, her ideal day consists of eating good food and watching dramas with her family.



PRE-CLINICAL REPRESENTATIVE - HUGO CHOU

Hugo is a third-year medical student born and raised in Auckland all his life, unfortunately. His family is from Hong Kong and Macau, but do not ask him to speak any Cantonese if you do not want to be severely disappointed. He compensates for his incompetent language skills with other activities that make him seem more Asian: badminton, piano, and teaching. Although lacking in culture, Hugo is a very outgoing, sociable, and LOUD person; you can often hear him before you see him.

He also enjoys many other expensive hobbies, acting as if he can afford it. Fashion is a big part of his life, and so is going out trying new foods, places, and activities. This was his inspiration to pursue medicine: finding a doctor husband to pay for his expenses.

TREASURER - RAEANNE LEOW

Raeanne is a third year medical student at the University of Auckland. She was born and raised in Malaysia for the majority of her childhood years, before migrating to New Zealand in primary school. Having grown up in two multicultural countries, she can speak a mix of Mandarin, English and Cantonese. In her spare time, Raeanne enjoys playing netball and badminton, listening to music, and exploring local food spots with her friends and family. Raeanne has really enjoyed being a part of the YACMA community last year and is excited to contribute back to the club this year as treasurer! She hopes to help foster a supportive and inclusive network for all medical students, where people can form lasting friendships and make meaningful memories.

MEMBERSHIP SECRETARY - CHLOE CHOW

Chloe is a third-year medical student at the University of Auckland. Although she was born in Auckland, she moved to Malaysia at the age of 5, before coming back to Auckland to embark on her medical journey. Growing up in a country that takes pride in its multicultural, multilingual and diverse society, she is passionate about embracing her Chinese heritage and connecting with people from different backgrounds. Fluent in English, Cantonese and somewhat coherent in Mandarin, Chloe enjoys travelling around Asia and learning about different cultures and traditions, which has shaped her perspective on healthcare. She hopes that she can incorporate her experiences of living in both Malaysia and New Zealand into YACMA and its events. Beyond her studies, she enjoys cafe hopping, making matcha lattes, painting, watching asian dramas, playing badminton and taking pictures of random dogs she finds in the park.

ADMINISTRATIVE SECRETARY - SERENA CHEN

Serena is a third-year medical student, born and raised on the North Shore in Auckland. With roots in Shanghai, she has always maintained a strong connection to her cultural heritage, growing up speaking Shanghaiese, eating traditional Chinese food and often travelling back to visit her family's hometown. Serena has always had a deep appreciation for Chinese culture, and through her involvement in YACMA, she's been able to share this connection with others. Looking ahead, she hopes to continue fostering cultural exchange through events, community, and food in YACMA. In her spare time, Serena enjoys making her own matcha, trying out new brunch spots, going for walks along the beach and exploring local markets.



MENTORSHIP OFFICER - BOBBY TAO

Bobby is a Part IV medical student currently based in Auckland City Hospital. Having been born and lived in China for almost half his life before moving to New Zealand, he's passionate about connecting with the culture of his hometown and sharing it. Throughout his journey in NZ he's been avidly exploring avenues of leadership and the cross-over they have with Chinese culture. During his tenure as a YACMA editor in 2024, he learnt many values and facets of leadership, and hopes to put these to use as the 2025 Mentorship Officer. This year, He aims to bring his passions for learning and teaching alongside his deep love for Chinese culture and deliver events that satisfies and draws people to the YACMA and ACMA community. In his spare time he can be found in the badminton courts, the swimming pool or cheap chinese restaurants.



EDITOR - ALYANA CHAN

Alyana is a third-year medical student originally from the Philippines, who moved to New Zealand at the age of 15 in 2020. Her family currently resides in Rotorua. Raised in a bicultural environment, with her father's side of the family being Filipino-Chinese, she developed a deep connection to both cultures. Her involvement in YACMA has further strengthened her bond with her Chinese heritage, allowing her to explore and embrace this aspect of her identity. Additionally, being away from home, YACMA has given her an extended family who continues to support her as she navigates through medical school. Outside of her studies, Alyana enjoys traveling, running, and photography. As a member of the YACMA 2025 Executive Team, she is excited to take on the role of Editor and is committed to fully dedicating herself to the responsibilities that come with it.



EDITOR - VERONICA CHEN

Veronica is a third-year medical student. Born and raised in Rotorua, her family originates from Hong Kong and was one of the first in her family to be raised in New Zealand. Growing up in a family raised in Hong Kong, she has maintained a close connection to her Chinese roots. Being a part of YACMA/ACMA has given her more opportunities to engage in her culture, and become part of a community with similar interests. With a passion for graphic design and photography, editing YACMA/ACMA this year is something Veronica is looking forward as a way of expanding her skill repertoire. In her spare time, she enjoys playing piano, trying new foods with friends, playing badminton and going to the gym.



EDITOR - JOSHUA AH-CHAN

Joshua is a third-year medical student. Though born in England, he was raised in Palmerston North as a fifth-generation New Zealand Chinese. Being part of YACMA/ACMA holds special significance for Joshua, as his great uncle Mervyn was a founding member. He is excited to continue that legacy and contribute to the community. With a passion for photography and videography, he hopes to produce high-quality content that captures the moments and memories that make ACMA/YACMA so special. Outside of medicine, Joshua has a passion for sport, with volleyball being his main sport. When he's not on the court, he's often behind a camera, editing shots or experimenting with new video ideas. He also enjoys refining his study techniques—though this still ties into his medical pursuits. He looks forward to a great year ahead with YACMA.



TI REPRESENTATIVE - GRACE ZHU

Grace is a Trainee Intern based in Waitematā. Born and partially raised in Auckland, she lived abroad in Macau at ages five to twelve, during which she developed a closer connection with her cultural background through language and lived experiences. Having lived in two vastly different cities, her love for diversity grew. She hopes to utilise this to bridge the gap in access and outcomes in healthcare for Chinese immigrants in Aotearoa. In her spare time, she enjoys board games, badminton, going on walks, and catching up with friends/loved ones



5TH YEAR REPRESENTATIVE - CAIEL DAYU

Cael is a fifth-year medical student based in the Waikato region. Born in the Philippines but of Chinese descent, he moved to New Zealand at a very young age. Despite growing up in a trilingual household, he is only fluent in English. YACMA has provided him with countless memories throughout his time in medical school. Upon reflection, he wishes to utilize his position as the 5th Year Representative to create more unforgettable moments. Outside of medicine, he likes listening to music and reminiscing about Linsanity.



4TH YEAR REPRESENTATIVE - CYNTHIA ZHANG

Cynthia is a fourth-year medical student at Auckland City Hospital, beginning her first year of placements. Born in China, she moved to New Zealand at the age of one. After serving as an editor last year, she is excited to take on the role of Fourth Year Representative for YACMA, continuing to promote Chinese culture and strengthen connections with the wider community. In her spare time, Cynthia loves exploring new places, eating good food, reading novels, and spending time with family and friends. She looks forward to being involved with YACMA again and supporting students throughout the year!



ACMA & YACMA EVENTS



CNY HEALTH STALL



MARCH CME



LECTURE CRASH



BOARD GAMES NIGHT

CNY HEALTH STALL



Every year during the Lunar New Year season, Auckland Showgrounds takes off with various stalls and vendors that facilitate our welcoming of the Lunar New Year to our Chinese community. As we all know the three elements to a successful Lunar New Year celebration is amazing food, amazing people and the Annual ACMA Free Health Checkup Stall, conveniently placed in the showgrounds at the same time and primarily manned by our YACMA executive committee. This year, like every other year was successful in challenging our fresh YACMA executives with basic clinical skills (which may have been forgotten over the summer) – such as automatic blood pressure measurements, heart rate, pulse oximetry, but most importantly, interacting and immersing ourselves in the Auckland Chinese community. Whilst Mandarin was a second language, for many of our new YACMA executives, they were proven to rise up to the challenge by providing excellent medical advice from a lifestyle standpoint, whilst supervised by our senior ACMA medical professionals. All in all, this event was an excellent means of welcoming the new year, our new YACMA executives and the new relationships formed within the ACMA and YACMA committees, and we, as YACMA, are deeply excited to collaborate more often with ACMA in the near future.

Written By : Nicholas Ngu

ACMA EVENTS

MARCH CME



On March 9th, ACMA held Their first CME of the year at Treasure Kitchen Restaurant, focusing on bariatric and weight management. It was an engaging evening with valuable discussions, shared insights, and a fantastic turnout.

A big thank you to Novo Nordisk for sponsoring the event and to everyone who attended and contributed to the conversation. Of course, the night wouldn't have been complete without the delicious food, which was enjoyed by all!

Looking forward to the next one—see you there!

LECTURE CRASH

YACMA EVENTS



Our YACMA pre-clinical representatives organised a lecture crash for the 2nd-year medical students and introduced YACMA during their first week of university. They also gave away dumplings to showcase the club's camaraderie and good spirit.

YACMA EVENTS

BOARD GAMES NIGHT



On March 23rd, YACMA organised their first event of the year – Board Games Night. The event started off with a pre-activity session, which included a card game tournament as an icebreaker for our members to get to know each other. Afterwards, the Board Games Night Commenced at Cake n' Ladders, where our members played a variety of games and enjoyed each other's company.



THE EDITORS' PLAYGROUND



A FAMILY LEGACY CONTINUES...

"All good things must come to an end."

Recently, Dr. Mervyn Ah Chan, a dedicated GP and founding member of ACMA, passed away. His contributions to the ACMA community were immense, and his loss is deeply felt.

"While one chapter closes, another begins."

Just before his passing, another member of the Ah Chan family, Joshua Ah-Chan—one of the editors of this newsletter—was elected to the YACMA council.

To me, this moment feels both surreal and deeply meaningful. In one of my recent discussions with my great-uncle Mervyn before his passing, we reflected on how far ACMA has come and how it continues to grow. It is both a privilege and an honour to play a role in shaping the future of YACMA and ACMA.

"A legacy is not just what we leave behind, but the lives we touch and the inspiration we ignite."

The Ah Chan family's commitment to ACMA continues but Dr Mervyn Ah Chan's legacy is one that belongs to all who carry our vision forward. I look forward to the year ahead and the opportunities it will bring for ACMA/YACMA, our community.

Joshua Ah-Chan
2025 Editor



• EDITORS' MUSIC REVIEW

祇想一生跟你走

Jacky Cheung



ONE OF THE TOP ARTIST IN THE CHINESE COMMUNITY FOR A REASON! EVERY SONG FROM HIM IS POWERFUL AND EMOTIONAL. IN PARTICULAR, THIS SONG REMINDS ME OF BEING IN MY AUNTIE'S CAR! - VERONICA

[HTTPS://OPEN.SPOTIFY.COM/TRACK/5IATMK7B76FUQTJBBUUQV1?SI=D8A11105CF6A41CF.](https://open.spotify.com/track/5IATMK7B76FUQTJBBUUQV1?si=D8A11105CF6A41CF)

從不喜歡孤單一個

彭家麗, William So



I'M A FAN OF THIS SONG IN PARTICULAR FOR LONG ROAD TRIPS! THE CHORUS IN PARTICULAR IS BEAUTIFUL, AND A GOOD SONG TO SING ALONG TO (EVEN IF I DON'T KNOW THE WORDS!) - VERONICA

[HTTPS://OPEN.SPOTIFY.COM/TRACK/3TDR3PPWZ0HKPUWMHW2AVC?SI-C528651A204C445C](https://open.spotify.com/track/3TDR3PPWZ0HKPUWMHW2AVC?si=C528651A204C445C)

告白氣球

Music video • Jay Chou



ANOTHER BIG ARTIST THAT EVERYONES HEARD OF! BEING MY DAD'S FAVOURITE ARTIST, I'M A LITTLE BIASED IN SAYING HE'S ONE OF THE MOST TALENTED IN THE MUSIC FIELD. - VERONICA

[HTTPS://OPEN.SPOTIFY.COM/TRACK/2TQF9MPNDYDJU70U0UOL023?SI-9126532798B8486B](https://open.spotify.com/track/2TQF9MPNDYDJU70U0UOL023?si=9126532798B8486B)

讓一切隨風

Kenny Bee



THIS IS ONE OF MY PERSONAL TOP CHINESE SONGS! IT REMINDS ME OF PLAYING MAJONG WITH MY FAMILY FOR HOURS, AND THE CHORUS IS ONE OF MY FAVOURITES OF ALL TIME. - VERONICA

[HTTPS://OPEN.SPOTIFY.COM/TRACK/0LVWP60MLHZXZ7MNXWT6OA?SI-EDAFCE1560704A13](https://open.spotify.com/track/0LVWP60MLHZXZ7MNXWT6OA?si=EDAFCE1560704A13)

猜不透

Della



THIS IS MY FLATMATE'S FAVOURITE SONG TO SCREAM IN THE CAR SO I WOULD SCREAM ALONG EVEN THOUGH I DON'T KNOW ANY OF THE WORDS. IF I WERE A SURGEON, WOULD TOTALLY LISTEN TO THIS WHILE OPERATING - ALYANA

[HTTPS://OPEN.SPOTIFY.COM/TRACK/5FGZM47D9MUA0Y7QB2D0IX?SI=U1TFDBVQSGGDKUU99LXFW&ND=1&DLSI=0E5BB622BFA447E4](https://open.spotify.com/track/5FGZM47D9MUA0Y7QB2D0IX?si=U1TFDBVQSGGDKUU99LXFW&ND=1&DLSI=0E5BB622BFA447E4)

今生緣

三哥



SOLID AND HEARTFELT SONG. IT WOULD BE MY GO-TO KARAOKE UNTIL "GOODBYE TIKTOK, HELLO REDNOTE" MEMES RUNIED ITS REPUTATION. - ALYANA

[HTTPS://OPEN.SPOTIFY.COM/TRACK/6DSFIM0Z7GRIVHV5NG0KPZ?SI-20EA155AC0324F16](https://open.spotify.com/track/6DSFIM0Z7GRIVHV5NG0KPZ?si=20EA155AC0324F16)

MESSAGE FROM THE EDITORS

Thank you for taking the time to read our very first newsletter for 2025. We are delighted to be part of YACMA/ACMA's Executive Team and be able to contribute to the association's growing success. As editors, we are committed to sharing YACMA/ACMA's initiatives, accomplishments and most especially its good spirit to the wider community.

This is just the start of an exciting year, and we look forward to seeing many of you at upcoming events !!

Many Thanks ,
Alyana, Veronica, and Josh



ALYANA



VERONICA



JOSH