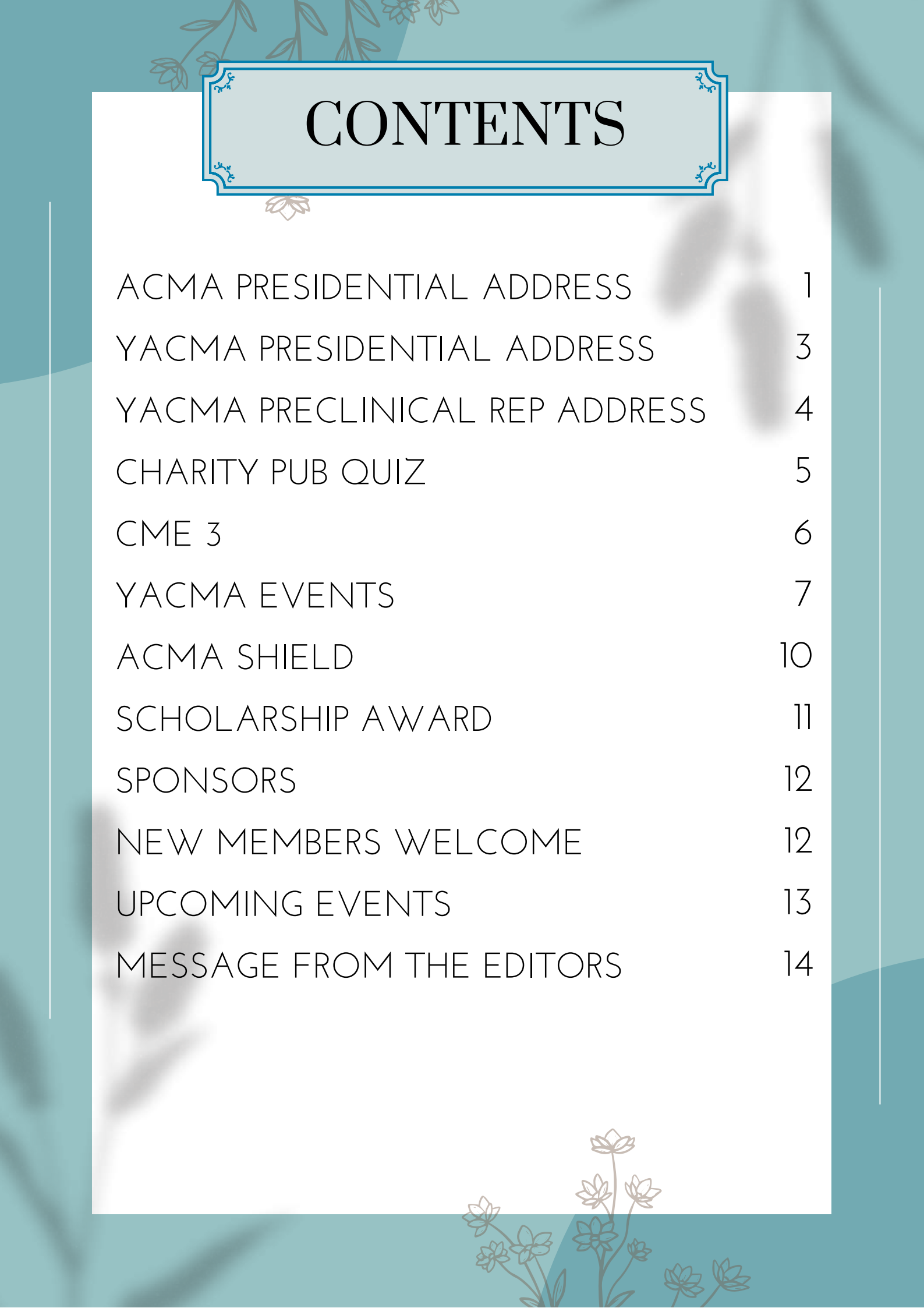


The background is a solid teal color. It features several floral illustrations: a delicate branch with small blossoms at the top center, a large, detailed rose in the bottom left corner, and a cluster of small flowers at the bottom right. A central white rectangular area contains a teal border and a light blue square where the title is located.

ACMA NEWSLETTER

September 2022





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PRESIDENTIAL ADDRESS

Hi ACMA and YACMA members.

As we emerge from yet another covid surge combined with winter RSV and flu ACMA looks forward to a packed schedule of three meetings this spring starting with the postponed medicinal cannabis CME in September. Since the last newsletter we have seen the demise of NZMA, DHBs and the birth of a new health system Te Whatu Ora. And so to the renewal of ACMA. The principles and objectives of our founding doctors 34 years ago, the background of doctors and patients then, CMEs and MOPS requirements, no longer reflect the needs of the medical and wider community today.

There is general aging of doctors and nurses and rise of nurse practitioners and pharmacist prescribers. Primary care teams comprising doctors, nurses and pharmacists, among others will need to work collaboratively respecting each other's strengths and weaknesses.

As the constitution was up for review the executive considered how ACMA may adapt to reflect the changing environment we will soon be all working in, along with closer collaboration between primary and secondary care.

PRESIDENTIAL ADDRESS

At last year's conference the organisers were approached by nurses and pharmacists to join ACMA. Although we have an associate member category we did not have a formal pathway for them to follow. The executive propose to establish two new sub- categories of registered nurses and pharmacists as associate members. So that initial numbers will be manageable new associate members will be capped at 100 for the first year. Numbers of associate members will not exceed full members. Early 2023 each ACMA member may invite interested nurses and pharmacists to apply for associate membership , the List from which the executive will approve from as broad workplace and work experience as possible.

The In-person educational meetings will continue as usual with full members given priority if oversubscribed and we will continue online and social events open to all members.

It is hoped that by broadening the base of membership we will also introduce new people with fresh ideas and experiences to the executive committee as well as add to our volunteer workforce .

Further information will be forthcoming about these proposed changes and the updated Constitution will be voted on at the November AGM

Executive nominations are open for 2023 . If you have aspirations to contribute to this exciting new direction please contact me
president@acma.org.nz

YACMA PRESIDENTIAL ADDRESS

Hello YACMA family!

Hope the first half of the second semester had been great!

We're really thrilled to see so many new faces at our events. From enjoying a hotpot at the Winter Social Event, to learning about potential career paths at our Careers Evening, or revising how to take a history in our Communication Skills Workshop, we hope you've liked both the social and educational side of YACMA!

Keep an eye out for the Law Social Collab coming in September, as well as more information about the retreat!

Best of luck to the rest of your semester

Regards,

Bosco

YACMA President 202

YACMA PRECLINS ADDRESS

While we're well into the second half of the year, we have seen both promising returns and challenges. Despite the ongoing impact of covid-19, turn outs at our social events have still been impressive. Social events that we've held in this second half of the year include the winter social event, careers evening and communication skills.

Winter social well deserved chance for medical students to relax and catchup over dinner with their mates after all that hard work in semester one. In this year's careers' followed a question and answer format where students could gain more insight into career options by talking to specialists. Communications skills showed great demand with us getting over 50 sign ups, a more than double increase compared to previous years. This event was aimed to help second year medical students prepare for their upcoming case history taking exam. Second years were given case scenarios to work through with the guide of their senior classmates.

On the side note, upcoming events include our new collaboration with the Chinese Law Club and the summer retreat. Biggest thanks to our hard working executive members as well as to all that have shown great support to YACMA. We will continue to do our best for this community and be sure to keep an eye out for our future activities!

Rachel, Jason and Wen

CHARITY PUB QUIZ

ACMA gathered a team of doctors, pharmacists and friends , collectively named as 'THE COVID BUSTERS ' to join with other quiz teams at the Upside Downs Charity Pub quiz on May 27th at Browne Street Gastropub in Avondale .

This was in support of raising funds for speech therapy for Children with Downs Syndrome

We battled sixteen other teams in categories as diverse as music, geography, film and politics and felt chuffed to end up as fifth best team on the night! We scored a perfect 10/10 points for the politics section. Everyone had a great time .

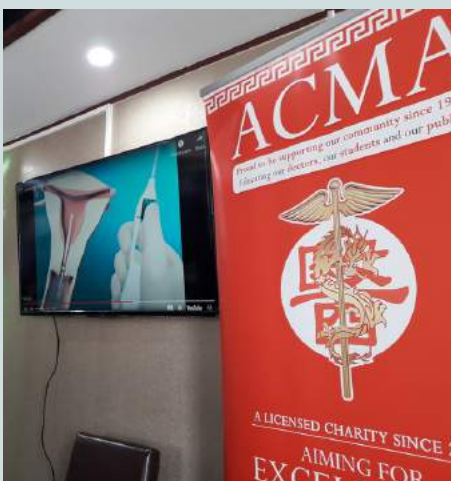
Team	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24
THE COVID BUSTERS	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10
Team 2	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
Team 3	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6
Team 4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
Team 5	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
Team 6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0



CME 3

Doctors, nurses and students came together on a foggy winter morning for a brunch CME at Cypress restaurant, Mt Eden. The topic was contraception and menorrhagia followed by a workshop on mirenas and pipelles with yumchar delights in between.

Dr Christina Tieu gave a comprehensive presentation on this topic before the group tackled iucd insertions and pipelle sampling on pelvis models. After assaulting pork sausages with the pipelle samplers bangers and mash might be off the menu for a while. Many thanks to Bayer for their sponsorship and practical support on the day.



YACMA WINTER SOCIAL

On the 23rd of June we had a great time at YACMA's second annual Winter Social Event. It was held at Bob on the Moon and was followed by karaoke.

It was a great night to de-stress, socialize and enjoy some delicious hot pot!



YACMA CAREER EVENING

On the 5th of August, YACMA held our Career Evening, where we had a group of amazing speakers come in and give us some insight into what it is like to work in the medical field. We had the pleasure of inviting consultants from both medical and surgical specialties, and got to hear the range of experiences each field had to offer!



YACMA COMMUNICATION SKILLS WORKSHOP

On the 26th of August YACMA held our Communication Skills Workshop, which focused on history taking with both experts and students coming in to help. Afterwards there was the opportunity to practice taking histories from each other. It was a very successful and rewarding evening!



ACMA SHIELD

The objectives of the Association (ACMA) are to develop and promote the cultural and professional well-being of Chinese New Zealanders.

ACMA serves as a voice on matters of medical or health concern affecting Chinese New Zealanders. Its objectives also include education of the general public and to advance medical education.

The ACMA Shield recognises members who embody qualities that help in the fulfilment of these objectives and thereby are exemplary members.

We are currently seeking nominations for the ACMA shield 2022. Visit our website www.acma.org.nz/acma-shield to review nomination criteria.

Submissions must be received by 31st October at president@acma.org.nz



YACMA STUDENT SCHOLARSHIP

The Auckland Chinese Medical Association (ACMA) Elective Scholarships were established to provide financial assistance to Young Auckland Chinese Medical Association (YACMA) members in their sixth year of the MBChB programme at the University of Auckland to undertake an approved elective. Elective work may include clinical and/or research options.

Value:

\$1500.00 international
\$1000.00 domestic

Stipulations:

- o Recipient/s are to provide a presentation of their elective experiences at the ACMA AGM November 2023
- o Recipient/s must agree to have their names listed as ACMA scholarship recipients on ACMA and YACMA publications.
 - o Applicants need to be current YACMA members.
 - o Scholarships will be awarded in two instalments; half before the Elective starts, and half after completion of a presentation at an ACMA dinner.
- o Further information and application forms can be found on the YACMA Facebook page

Application Closing Date: 11.59pm, 30th September 2022

SPONSORS



NEW MEMBERS

Lulu van Eeden, Gynecologist, Middlemore

Wei Yang, GP, Flat Bush

Joyce Chan, GP, Whangaparaoa

UPCOMING EVENTS

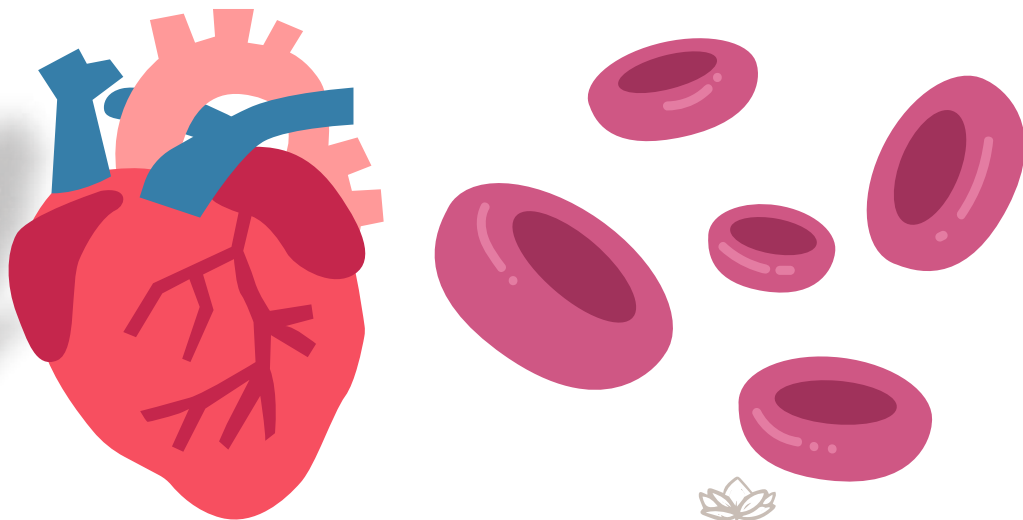
CME 4 - September 11

Medicinal Cannabis
Pearl Garden dinner

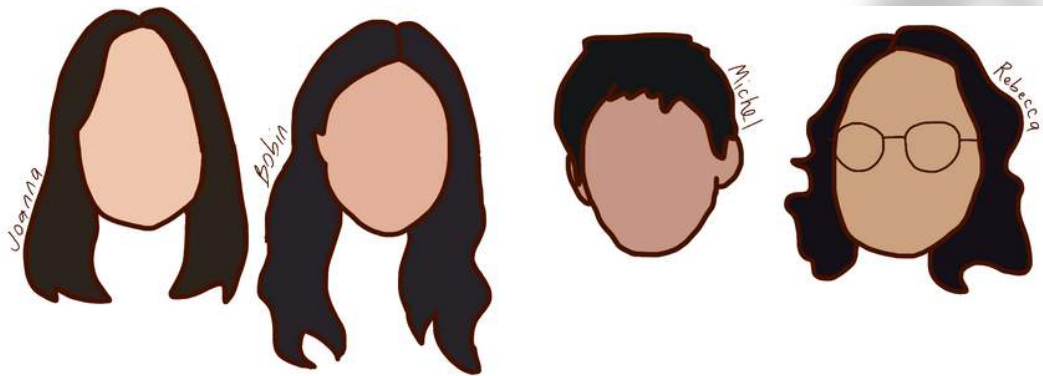


CME 5 - October 9

Heart Failure + Anaemia



MESSAGE FROM THE EDITORS



What a great middle half of the year - with insightful events
and lots of good memories made.

We're looking forward to see what is to come!

We hope you enjoy the newsletter.

Finally, for more photos and more info on future events,
follow us @:

[Facebook]

YACMA - Young Auckland Chinese Medical Association

[Editors Facebook account]

Yacma Editors

[Instagram]

yacma.uoa

Rebecca, Joanna, Michel, Bobin