

屋崙中華醫學會通訊

president's
message

acma
news

The Official Newsletter of the
AUCKLAND CHINESE MEDICAL ASSOCIATION
Issue No. 2 May 2006



this issue

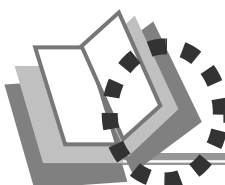
President's Message	1
Key Reminder: June CME	1
CME notes	2
YACMA report	2

As usual the year is marching on and we are heading into May almost at a blink of an eye. The autumn has been so mild, it hardly seems like winter is upon us. The 2006 conference is almost upon us, so remind all your colleagues to come along, the more the merrier.

The YACMA invited some of the committee to a dinner recently. I think they are doing a fine job, with a good turn out at a Korean BBQ buffet restaurant and they even managed to secure some sponsorship. Well done YACMA committee. YACMA continues to be a fertile training ground for our student members.

We have had a very good discount offer from Lim Electronics 100% Your Electrical Store. Mr Lim had a son who was a member of ACMA before he left for Australia to work. The offer is cost price plus 5% markup for any goods purchased from Lim Electronics 100% Your Electrical Store 61 Cavendish Drive Manukau. I think this is a very good offer.

Happy ANZAC Day to all.
- Dr Colin King



Key Reminder

NOTICE OF NEXT CME MEETING

All members are warmly invited to a CME meeting on the 11th June 06, on "Travel Vaccines" hosted by GSK. The speaker will be Dr J Ingram from Diagnostic Medlabs.
Venue to be announced.

- Daniel Wu, CME Coordinator.



SUNDAY 26TH MARCH

**WHAT IS CENTRE FOR ASIAN HEALTH RESEARCH AND EVALUATION? (CAHRE)
DR SAMSON TSE**

Dr Tse acknowledged that ACMA is very passionate about Asian peoples' wellbeing in particular New Zealand Chinese people, and that over the years, ACMA has made a significant contribution in this regard. CAHRE – stands for : Centre for Asian Health Research & Evaluation

CAHRE is approved by the Faculty of Medical & Health Sciences in May 2004. Formation of the advisory and steering committee. Mission: To develop critical and inter-disciplinary examination of ideas and processes for improving health amongst members of New Zealand Asian populations.

Goals of CAHRE are Address the absence of reliable data about the extent and severity of Asian health problems in New Zealand. Become a centre of national and international excellence in understanding the health issues affecting Asian communities. Cultivate an interdisciplinary approach to studying Asian health. Provide research-based information to enhance the capacity of health services to deliver effective and culturally-appropriate interventions. Priority research programme includes Life style issues related to diabetes, cardiac problems etc. Asian mental health. Cancer screening services, treatment and palliative care. Complementary ethnic medicine. Injury prevention and rehabilitation.

Funded research projects included

a) (Projects completed) :
Mental Health Workforce Development Phase One Feasibility study – Ha Noi Public Health School
Strength model and Chinese mental health service users
Family violence in Asian communities
Community engagement for health promotion activities to reduce injuries among Asian people in New Zealand

b) (Projects in progress) :
Mental Health Workforce Development Phase Two
Barriers in accessing injury-related services

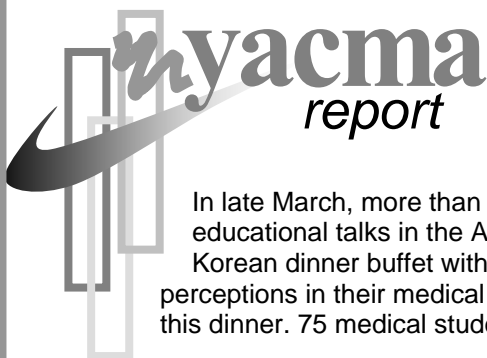
“Asian Health Chartbook”

- Higher stomach cancer registrations
- Fewer have a usual carer
- Lower mammography and cervical screening uptake
- Less likely to participate in physical activity
- Cardiovascular risks, diabetes, cancer control, services utilisation, dietary changes, wellbeing and young people and elderly

ACMA members were encouraged to participate in: the second international Asian health and wellbeing conference, November 2006. Prevention, Protection and Promotion. 11 and 13-14 November 2006 at the School of Population Health, University of Auckland.

**DVT DILEMMAS
DR PAUL HARPER**

Dr Harper discussed investigations and management of DVT in the community setting and problems with warfarin control.



This year YACMA kicked off with an introduction BBQ at Outhwaite Park in March. Many of the previous and new members enjoyed the delicious home-made chicken kebabs, and had the chance to meet other medical students.

In late March, more than 30 YACMA members took the opportunity to enjoy the delicious cuisine and educational talks in the ACMA CME dinner in the Rendezvous restaurant. Our latest event was the Korean dinner buffet with some of the doctors from the ACMA committee who gave us interesting perceptions in their medical career. Thank you to the New Zealand Medical Association for sponsoring this dinner. 75 medical students made the awesome decision of joining YACMA this year.

Our upcoming activities include: Karaoke fundraising, Careers evening, more fun dinners and possibly a movie-pizza afternoon. We all look forward to the upcoming events and further exciting steps towards our future medical career!

- Written by Gladys and Yu Hwee, Clinical Reps

